

Lamar Consolidated- www.lcisd.org

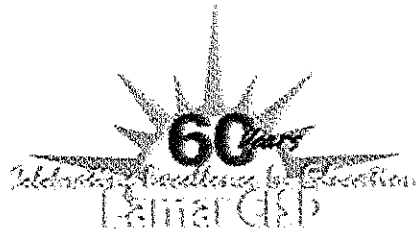
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For your convenience, copy and paste into your compose email:

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Dear Parent/Guardian:

Lamar CISD has chosen to participate in a junior high school health initiative funded by a grant from the national Office of Adolescent Health and led by the University of Texas Health Science Center (UTPRC). The five year grant provides funding to implement *It's Your Game...Keep It Real (IYG)*, an evidence-based adolescent sexual health curriculum in the 7th and 8th grades of Lamar CISD junior high schools.

As a parent, you know how an unplanned teenage pregnancy can interrupt the education of a child and challenge the resources of a family. Further, teen mothers and fathers are more likely to drop out of school, and teen mothers are less likely to attend college. Lamar CISD recognizes the important role it can play in educating students and working with parents to prevent teenage pregnancy.

At its core, the IYG curriculum primarily emphasizes abstinence from sexual activity while teaching students how to protect themselves from pregnancy and sexually transmitted diseases and infections. Additionally, it also teaches students general life skills for goal-setting, identifying healthy relationships, and making responsible decisions about their sexual health. These valuable skills will benefit them in high school and beyond.

The parent-student components within the IYG curriculum require that students complete work at home with the help of their parent or guardian. These at-home activities will focus students on developing and achieving their own personal goals through discussions with parents.

During the class, students will learn about their bodies and puberty. They will learn about setting personal limits in both general situations and sexual situations. They will practice ways to resist pressure to drink alcohol, use drugs and have sex through role-plays, group discussions, computer based lessons, and parent-child homework activities.

The IYG curriculum meets all Texas state government requirements regarding adolescent sexual health education and covers many state mandated health and science Texas Essential Knowledge and Skills (TEKS) Objectives. It contains medically accurate information on both abstinence and contraception. The entire student curriculum is available for your review at www.itsyourgame.org.

If you **do not** want your daughter/son to participate in *It's Your Game...Keep It Real (IYG)*, please sign the form below, and return it to your child's **advisory** teacher. If the form is **not returned** by September 14, 2012, we will assume that you **approve** of your child's participation in the lessons.

Sincerely,

Mike Rice, Athletic Director

Return this form if you **decline** to participate.

Please excuse my daughter/son, _____, from the *It's Your Game...Keep It Real* (YIG) curriculum, an adolescent sexual health curriculum described in the parent information letter above.

I understand that she/he will participate in the regularly scheduled physical education classes instead of participating in the 12 days of YIG lessons.

Parent /Guardian Signature _____ Date _____

Parent/Guardian Printed Name _____

NOTE: RETURN THIS SIGNED FORM ONLY IF YOU **DO NOT** WANT YOUR CHILD TO PARTICIPATE IN THE LESSONS.



Estimados Padres de Familia:

El distrito de Lamar CISD ha elegido participar en la iniciativa de salud de secundaria financiada por la oficina de Salud en Adolescentes que dirige la Universidad de Ciencias de la Salud de Texas (UTPR). El subsidio de cinco años proporciona fondos para poner en práctica el plan de estudios llamado "It's your game...Keep it Real" (IYG). El programa de estudios se basa en la evidencia sobre la salud sexual en los adolescentes del 7^o al 8^o grado de Lamar CISD.

Como padres sabemos que un embarazo no planificado puede interrumpir la educación del estudiante y presentar ser un reto al presupuesto familiar. Además, los padres y madres adolescentes tienen más probabilidades de abandonar la escuela; siendo que las madres adolescentes tienen menos probabilidad de asistir a la universidad. Lamar CISD reconoce la importancia en el papel de educar a los estudiantes adolescentes y trabajar con los padres en la prevención de embarazos.

En el plan de estudios se incluyen principalmente temas como el énfasis en la abstinencia en actividades sexuales, la reducción de riesgo en el embarazo, así como las infecciones y enfermedades de transmisión sexual. También se hablará de temas generales sobre el fijar metas, la identificación de relaciones saludables, y la toma de decisiones responsables sobre la salud sexual. Todos estos temas serán de gran beneficio en secundaria y en el futuro del estudiante.

La parte integral del plan de estudios padre/hijo del IYG permite que los estudiantes puedan completar la tarea en el hogar con ayuda de los padres o tutores. Estas tareas se centran en el desarrollo de los estudiantes, sus logros, y metas personales a través de discusiones con los padres.

Durante la clase los estudiantes aprenderán acerca del cuerpo y la pubertad. Así mismo aprenderán el poner límites personales tanto en situaciones generales como en situaciones sexuales. Se expondrán escenarios, se formarán grupos de discusiones, lecciones por computadora y lecciones con los padres en donde podrán poner en práctica la manera de resistir la presión de beber alcohol, el uso de drogas y la tentación de tener relaciones sexuales.

El plan de estudios del IYG cumple con todos los requisitos estatales del gobierno de Texas en materia de educación sexual y de salud en adolescentes; así como los objetivos que requiere el departamento de Salud y Ciencias en Habilidades y Conocimientos de Texas (TEKS). Contiene información médica precisa sobre la abstinencia y la anticoncepción. El plan de estudios se encuentra disponible en www.itsyourgame.org.

Si usted **NO** desea que su hijo participe en este plan It's Your Game... Keep It Real (IYG), favor de firmar en la parte inferior y regresar la hoja con la consejera de la escuela.

NOTA: Si el permiso no es regresado para el **14 de septiembre del 2012**, supondremos que usted está de acuerdo con la participación del estudiante en el programa.

Atentamente

Mike Rice
Director de Educación Física

FAVOR DE DEVOLVER ESTE PERMISO SI DECIDE QUE SU HIJO(A) NO PARTICIPE EN EL PROGRAMA.

Mi hijo(a), _____, no participará en el programa de introducción de *It's Your Game...Keep It Real* (IYG) descrita.

Comprendo que mi hijo(a) participará en la clase de educación física regular en lugar de los 12 días del plan de estudios de IYG.

Firma del padre/tutor _____ fecha _____

Nombre del padre/tutor _____

NOTA: FAVOR DE REGRESAR ESTE PERMISO SOLO SI NO ESTA DE ACUERDO EN QUE SU HIJO(A) PARTICIPAE EN ESTE PROGRAMA.

11/11/2014 10:11:11 AM

Memorandum of Understanding

Date: 5/3/10

Application Title: Replication of Evidence-based Programs to Prevent Teen Pregnancy in Harris County, TX and Surrounding Areas

Proposed project period: 9/30/2010 – 9/29/2015

Investigators: Susan Tortolero, PhD and Melissa Peskin, PhD

The parties named below agree to enter into this Memorandum of Understanding to implement It's Your Game...Keep It Real with middle school students and/or Reducing the Risk with high school students. Specifically, each party understands that their responsibility and commitment will involve:

- Collaborating with The University of Texas Health Science Center at Houston's Prevention Research Center (UTPRC) during planning phase to ensure school, parent and community support;
- Identifying appropriate school district level staff and school site educators to coordinate and deliver the program(s) in the middle and/or high schools;
- Allocating appropriate resources and time to ensure staff training and program implementation for school site educators;
- Agreeing to have appropriate school site educators from the middle and/or high schools receive formal training from UTPRC;
- Implementing the It's Your Game and/or Reducing the Risk program (s) in the middle and/or high schools with strict observance of the programs' principles;
- Receiving technical assistance from UTPRC;
- Allowing an independent evaluator to conduct an evaluation of the program activities to assess student knowledge, attitudes, and behaviors.

Should any differences occur between the parties, these differences will be reviewed by a multi-site advisory group, comprising representatives from all participating sites until a mutually agreeable resolution is reached.

LAMAR CISD
School District

Thomas Randle
Signature

DR. THOMAS RANDLE
Typed Name

SUPERINTENDENT
Title

832-223-0110
Phone Number

terandle@lcisd.org
E-mail Address

05/03/10
Date

From: Carol Gaas [cagaas99@swbell.net]
Sent: Thursday, November 15, 2012 4:22 PM
To: Meeks Rice
Cc: Julie Snader
Subject: Attachments for Open Records Request.
Attachments: LCISD Prior Notice to Parents Attachment.docx; LCISD EHAA (LEGAL) policy.pdf; LCISD-Parent Packet Cover Letter Opt Out 7th 2012 Final Version.docx; LCISD-Parent_Packet_Cover_Letter_Opt_Out_7th_and_8th_2012-13[1].docx; LCISD Prior Notice to Parents 2011 2012.docx; BJH Web IYG Announcement.docx; LCISD Year 3 Orientation Slide-Briscoe.pptx; LCISD Year 3 Orientation Slide-Lamar JHS.pptx

Mike, I am sending you these attachments with explanations now. However, I am also printing them for you. I will drop them off after I finish working at Briscoe tomorrow (Friday). It will be close to 4:00 or later.

1. LCISD Prior Notice to Parents 2011 - 2012.docx (sent to 7th grade parents in Aug/Sept 2012 via US Mail. This was to ensure compliance with LCISD EHAA (LEGAL) policy.pdf (attached for your reference but not sent to parents)
2. LCISD Prior Notice to Parents Attachment.docx (was supposed to be attached to 1. but failed to make it. It was referenced in the letter to parents)
3. LCISD-Parent Packet Cover Letter Opt Out 7th 2012 Final Version.docx (sent in Sept 2012 for 7th grade opt-out)
4. LCISD-Parent_Packet_Cover_Letter_Opt_Out_7th_and_8th_2012-2013.docx (Reading and Briscoe sent to 8th graders in Sept., George sent to 7th and 8th Graders in Sept.)
5. BJH Web IYG Announcement.docx (Principal Semmler posted this on his LCISD website.
6. LCISD Year 3 Orientation Slide-Briscoe.pptx (I presented this at Briscoe and George for new student night in August 2012. The text is included) Reading declined to have me present at their new student night.
7. LCISD Year 3 Orientation Slide-Lamar JHS.pptx (I presented at Lamar JHS in August 2012. They are the control survey school with slightly different slide and text.)

Note: Briscoe and Reading must send out another prior notice letter in December 2012 for 7th graders.

Carol A. Gaas
832-746-7739 cell
281-342-8449 home

Chronology of Key Dates for LCISD Open Records Submission

| Event | Date | Description | Documentation |
|----------------------------------|---------------------------|---|--|
| SHAC Meeting | 9/15/2009 | SHAC voted unanimously to pursue Abstinence Plus for the LCISD sexual health curriculum. | Minutes Attached |
| SHAC Meeting | 11/17/2009 | SHAC sub-committee evaluated Big Decisions, Choosing the Best, and Worth the Wait. Big Decisions chosen because of activities and no-cost. | Minutes Attached |
| SHAC Meeting | 1/12/2010 | Reviewed a sample presentation to LCISD Board for sub-committee recommendation of Big Decisions | Minutes Attached |
| SHAC Meeting | 5/4/2010 | SHAC reviewed It's Your Game curriculum and grant opportunities | Minutes Attached |
| SHAC Meeting | 9/14/2010 | LCISD Board approved inclusion in UT grant for It's Your Game. UT will find out at the end of Sept. 2010 if it is approved. | Minutes Attached |
| SHAC Meeting | 11/9/2010 | Jane Ferrel reported that there will be a meeting Nov. 16, 2010 regarding UT grant. | Minutes Attached |
| SHAC Meeting | 1/11/2011 | UT's Kim Johnson presented an overview of It's Your Game curriculum. | Minutes Attached |
| SHAC Meeting | 3/8/2011 | SHAC further discussed aspects of It's Your Game | Minutes Attached |
| LCISD Board Meeting | 3/24/2011 | LCISD Board approved the implementation of It's Your Game - Keep It Real. | |
| SHAC Meeting | 9/13/2011 | SHAC notified that Board approved abstinence plus curriculum, It's Your Game for implementation in middle school. Carol Gaas is Grant Coordinator. High School is not covered in the grant. | Minutes Attached |
| LCISD Middle School Orientations | Week of 8/8 and 8/15/2011 | Grant Coordinator attended Briscoe, George, Lamar, and Reading Orientations. | LCISD Presentation.pptx (6 slides) |
| Letter to Parents | September 2011 | Human Sexuality Notice Letter to 7th grade parents (US Mail) | LCISD Prior Notice to Parents Letter 2011 2012.docx) sent to 7th grade parents |
| Letter to Parents | 9/15/2011 | Opt-Out Letter for IYG Pilot distributed to selected 7th grade classes at implementing middle schools. | LCISD-Parent Packet Cover Letter Pilot Rollout 7th 2011 Final Version.docx |
| iyg Pilot(s) | 10/3 - 10/4/2011 | George Jr. High School | Level I 7th Grade IYG Lessons 4 & 5 were piloted |
| iyg Pilot(s) | 10/5 - 10/6/2011 | Briscoe Jr. High School | Level I 7th Grade IYG Lessons 4 & 5 were piloted |
| iyg Pilot(s) | 10/10 - 10/11/2011 | Reading Jr. High School | Level I 7th Grade IYG Lessons 4 & 5 were piloted |

Chronology of Events

11/26/2012

Chronology of Key Dates for LCISD Open Records Submission

| Event | Date | Description | Documentation |
|-----------------------------------|----------------|--|--|
| SHAC Meeting | 11/8/2011 | The IYG pilots conducted in Oct 3rd thru Oct 11th for two days in each implementing school. Lamar is not implementing as a control survey school. | Minutes Attached |
| Letter to Parents | December 2011 | Opt-Out Letters distributed to 7th graders at implementing middle school campuses during P. E. classes. | LCISD-Parent Packet Cover Letter Opt Out 7th 2012 Final Version.docx |
| IVG 7th Grade 2012 | 1/5/2012 | 7th Grade Implementation begins at implementing middle school campuses. | LCISD 7th grd Teacher Student Alignment 2012-Revised 102-2012.xlsx |
| SHAC Meeting | 2/7/2012 | SHAC sub-committee is still reviewing high school curriculum options. 7th grade implementation of IYG began in January and is ongoing at Briscoe, George, and Reading. Lamar is a non-implementing control school. | Minutes Attached |
| SHAC Meeting | 4/10/2012 | SHAC sub-committee presented a Resolution for Evidence-Based Sexual Health Curriculum Options for High School. | Minutes Attached |
| Briscoe JHS Orientation | 8/8/2012 | Attended Back to School Bash. Presented IYG Implementation Schedule and provided parents with handouts provided by UT in English and Spanish | Powerpoint slide and script attached. |
| Lamar JHS Orientation | 8/14/2012 | Attended Pony Camp. Explained Implementation Schedule and provided parents with handouts provided by UT in English and Spanish. Discussed Survey. | Lamar version of Powerpoint slide and script attached. |
| George JHS Orientation | 8/22/2012 | Attended Linau. Presented IYG Implementation Schedule and provided parents with handouts provided by UT in English and Spanish. | Powerpoint slide and script attached. |
| Reading JHS Orientation | 8/7 - 8/9/2012 | Due to nature of event over three days, administration advised against attendance by grant coordinator. | |
| Letter to Parents | September 2012 | Opt-Out Letters distributed at implementing middle school campuses. George JHS sent home to all 7th and 8th grade. Briscoe and Reading sent home to 8th grade during the P. E. classes. | LCISD-Parent Packet Cover Letter Opt Out 7th and 8th 2012-13.docx (English and Spanish versions) |
| IVG Implementation 8th Grade 2012 | 9/17/2012 | 8th Grade Implementation begins at implementing middle school campuses. | Sample of George JHS Instructor Calendar and Implementation plan for George JHS attached. (LCISD 2012 8th grade IYG Planning Calendar L. Hunter.xlsx & 2012 8th Grade Allocation by Period Download Data 9-10-12.xlsx) |

Chronology of Key Dates for LCISD Open Records Submission

| Event | Date | Description | Documentation |
|-----------------------------------|---------------|--|---|
| SHAC Meeting | 9/18/2012 | 8th grade implementation of IYG began in September and is ongoing. | Minutes Attached |
| SHAC Meeting | 11/13/2012 | 8th grade implementation of IYG began in September and is ongoing. 7th grade implementation will begin in January 2013. | Minutes Attached |
| Letter to Parents | December 2012 | Opt-Out Letters will be distributed to 7th graders at Briscoe and Reading campuses during P. E. classes. George JHS previously sent Opt-Out letters at the beginning of the school year. | LCISD-Parent Packet Cover Letter Opt Out 7th 2013 Final Version .docx |
| LYG Implementation 7th Grade 2013 | 1/10/2012 | 7th Grade Implementation is scheduled to begin. | LCISD 7th grd Teacher Student Alignment 2013- Revised 10-29-12.xlsx |
| SHAC Meeting | 2/12/2013 | | |
| SHAC Meeting | 4/9/2013 | | |

Prepared by: Carol A. Gaas - LCISD Grant Coordinator

SHAC Meeting 5/28/09
Minutes

Attendance: Presenter – Kelly Cline from Region IV, Toni Schramme, Jane Ferrell, Mary Ann Dolezal, Mike Rice, Judy Smith, Jess Stuart, Lisa Noser, Sandra Kloeber, Betty Humphreys, Anthony Simmons, Kristin Haney, Stephanie Grote, Sandra Fry, Carol Gaas, Linda Pochyle, Rhett Gray, Gladys Bruno, Bonnie Walker, Julie Cantu, Larry Willman

SHAC responsibility is to meet four times a year to discuss health and PE concerns. We are to only make recommendations to the school board. Curriculum pertaining to school health must go through SHAC committee first and then we make recommendations to the board. SHAC must communicate with school board once a year.

LCISD School Health Advisory Council (SHAC)

Mission Statement

The Lamar CISD SHAC serves in an advisory capacity to the Board of Trustees to advocate for the provision of comprehensive school health for all students.

Duties: To recommend or advise the Board regarding:

- Appropriate grade levels for human sexuality instruction.
- Methods of instruction to be used by a teacher in human sexuality instruction.
- The number of hours of instruction to be provided in health education.
- Health education in general and physical education, nutritional services, parental involvement, and instruction to prevent the use of tobacco.
- A coordinated health program.
- Time spent in physical activity in grades K-6 (if 6 is in the elementary school).
- Strategies for integrating school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness into the school's health curriculum.

Compliance:

*Daily Physical Activity – K-6 to include 30 minutes a day or 135 weekly. This can include recess but the recess must be structured. New law is suggesting 30 min daily PE and 20 minute unstructured recesses. *(we are in compliance)* We need to update our policy to read K-8, not just K-6. *(needs improvement)* This policy must be in handbook and on the internet. 3rd – 12th grade Fitness Gram must be conducted. Must offer PE 4 out of 6 semesters. We currently offer 6 out of 6 semesters. *(we are in compliance)*

*SHAC committee must consist of majority of parents in the district. *(we are in compliance)*

*Abstinence Ed – human growth and development, one for girls and one for boys for both middle school and high school. The decision to make it if the district is going to teach Abstinence only or Abstinence plus. *(needs improvement)*

*UDCA – law requires one nurse and one UDCA *(we are in compliance)*

*PAPA (Parenting and Pregnancy Awareness) health teachers must be have training and PAPA must be taught in health curriculum. *(we are in compliance)*

*Acanthosis – students are screened 1st, 3rd, 5th and 7th grade. We are to do BMI if suspect Acanthosis. *(we are in compliance)*

*Wellness Policy – we have policy in place but no implementation plan. There is a policy and implementation plan we can purchase for \$500 and possibly use Tony Simmons Food Service budget money. *(needs improvement)*

*Coordinated School Health: K – 6 we use CATCH, and 6-8 we use CATCH *(we are in compliance)*

Goals for 2009-10:

- I. Abstinence Education (Rhett Gray is in charge)
Abstinence Only: Choosing the Best and Aiming for Success
Abstinence Plus: Big Decisions (free) and Worth the Wait (very graphic)
There are textbooks available and supplemental programs.

Statistics: Texas is ranked #1 in teen pregnancy. 7 out of 10 teens are having sex. Sex education is a concern for our district.

- II. Amend Wellness Policy for Physical Activity
Policy to include k-8 (we need to add 6-8)
Must go to board for approval
- III. Wellness Policy (Tony Simmons is go to person)

Present this wellness policy to each campus/Principal and encourage following and promoting the goals.

- IV. Implementation Plan for our Wellness Policy. We can create our own or purchase policy plan for \$500. Must have implementation plan in policy for audit reason.

Meeting adjourned 11:30am

Next scheduled meeting is September 15, 2009, 10 am to 12noon in the school board room.

SHAC Minutes
September 15, 2009 meeting

I. New Requirements for 2009-2010 School Year

1. Meet 4 times a year - In compliance

September 15, 2009, 10am – 12noon

November 17, 2009, 10am - 12noon

January 12, 2010, 10am - 12noon

May 4, 2010, 10am - 12noon

2. Contain minimum of 5 members - In compliance

*Currently have a committee of about 30 members; need students on council

3. Report directly to school board at least once annually with detailed account of SHAC activities and recommendations - In compliance

*We will report to the school board in May of 2010

4. Appoint parent as co-chair - In compliance

*Stephanie Grote and Carol Gaas as co-chairs, along with Toni Schramme

5. Recommend indicators for evaluating effectiveness of Coordinated School Health Programs

*Action item to be discusses and established with help of Kelly Helland-Cline from Region 4.

II. Abstinence Education: Abstinence Plus vs. Abstinence Only

*After discussion it was voted by the SHAC group to go with **Abstinence Plus** for the district sex education:

Two programs:

| | |
|-------------------------------|-------------------|
| Big Decisions (free program) | October 27, 2009 |
| Worth the Wait (very graphic) | November 11, 2009 |

Committee of C. Gaas, S. Grote, J. Ferrell, L. Noser will attend meetings and report back to SHAC in November meeting. Registration will be paid by district (up to 4). Please contact Mike Rice if attending, mrice@lcisd.org or 832.223.0148. Mr. Rice will take care of registration. Region 4 is located in Houston off Tidwell and I-10.

III. Wellness Implementation: great policy; implementation in process

*Mike Rice and Tony Simmons will send wellness policy, implementation and measurement plan to all principals in the district. Our district is up for CRE (corrective review) this year.

Mike Rice will get approval for our wellness implementation committee: *Pat Peloquin (High School PE), Julie Cantu (Elementary PE), Robin Wilborn (Middle School PE)* to visit all campuses in the district and complete the wellness policy measurement plan provided by Region 4. The evaluations will be performed during month of October, possibly November (schedule of visits to be established by Mike Rice). Committee will report back to SHAC in November meeting and also give evaluation forms to Tony Simmons for his records/audit.

Lunch provided by Food Services (subway)

Action items for next meeting in November:

- Abstinence programs presented (committee)
- Kelly Helland-Cline will provide example of human sexuality notice for parents
- Wellness policy review/evaluations (committee)
- Growth and Development of Puberty – relook at our current curriculum
- Bylaws
- Tobacco options
- Indicators for evaluating SHAC effectiveness in Jan. meeting

SHAC Minutes
11/17/09 meeting

Present: *Toni Schramme, Mike Rice, Jane Ferrall, Tony Simmons, Kristin Haney, Stephanie Grote, Julie Cantu, Pat Peloquin, Malcolm Smith, Robin Wilborn, Sandra Nugent, Joe Crabtree, Michael Ramsey, Chris Turner (student), Debbie Nesbitt, Cassie McClanahan, Kelly Helland-Cline (Region 4)*

1. Abstinence Education (112 pregnancies in LCISD this year; 82 are Hispanic; majority unplanned) Committee (Jane Ferrall) reported on trainings/findings. It has been reported that the % of pregnancies has not decreased as a result of Sex Ed curriculums be implemented. The committee looked at "Big Decisions" (has activities that get students involved and the program is free; 10 lessons) and "Choosing the Best" (has great student workbooks and is grade specific with 8 lessons per 6th, 7th, 8th, and high school grades, but cost \$\$). "Worth the Wait" canceled their training session. The SHAC group discussed the importance of sending a message of building relationships (the emotional aspect). The SHAC group also decided that we need an outside person to teach the Sex Ed program. We decided on "Big Decisions" because of the activities and the fact that it is free. We feel that the delivery is much more important than the actual curriculum. We would like to recommend a specific qualified person (like Jane Ferrall) be the one to do all of the Sex Ed teaching for the district; maybe even a male/female team. We recommend teaching the Sex Ed program in the 6th grade and conduct the teaching during advisory periods so as not to take away from academics and TAKS preparations.

2. Growth and Development of Puberty Curriculum
Kelly Helland-Cline (Region 4) presented "The Always". The SHAC group decided to recommend that the district use "The Always" program as our Growth and Development of Puberty Curriculum. This program is free and should be taught at 4th grade; girls separate from boys. Then flip flop the teaching during 5th grade: expose boys' to girls' curriculum and girls' to boys' curriculum. This needs to be consistent throughout district (some teach, some do not). (<http://pgschoolprograms.com>) click on puberty.

Julie Cantu and Debbie Nesbitt will present "The Always" program at the PE/Health Staff Development day on Feb 15, 2010 (AM portion of the Staff Development).

PE/Health Staff Development on Feb 15, 2010 (presented by Region 4):
AM for Elementary – Growth and Development (suggested to open this up to elem teachers)
AM for Secondary – Unhealthy practices, STDs, etc.
PM for all – PE ideas

*Debbie Nesbitt will also present Campbell Elementary School Employee Wellness Program at our January meeting. We hope to get other schools involved as well.

3. Wellness Policy Review/Evaluations

Four major components were reviewed: Nutrition Standard Goals, Nutrition Education Goals, Physical Activity Education Goals, and Other School Based Activities. The Committee (Robin, Mike, and Pat) presented a superb power point on results of evaluations of all campuses. The purpose of the evaluations was to see where our district and each campus were on supporting each goal. Much Improvement in almost all areas is greatly needed. Mike Rice will present this power point to principals, but will include possible recommendations and best practices for each goal. The committee will help Mike with such recommendations and best practices and will be included in the power point. The goal of SHAC is to see all campuses consistent and effective.

Nutrition part of CRE already audited. CRE "real deal" will come in February. Tony Simmons will speak to the SHAC group at next meeting in regards to his flexibility and limitations as it pertains to Food Services guidelines.

4. Human Sexuality Notice to Parents (Health Ed – SB 283, TEC 28.004)

This parent notice (letter) is being developed by Director of Curriculum, Director of Elementary and Director of Secondary. Samples were sent to help with the development.

Tabled for next meeting:

Update LCISD SHAC Bylaws – sample provided by Kelly Helland-Cline (Reg 4)

Tobacco options – staff development, curriculum/programs, possible funding

Indicators for evaluating SHAC effectiveness – template coming out soon for use of evaluating

Sample letters to school board asking to keep Health in high school - Kelly Helland-Cline (Reg 4)

Mike Rice to report on results of Stimulus/Grant \$ and what amount can be allocated to SHAC

(Debbie Nesbitt volunteered to help with finding \$ through Grants, etc.)

TAHPERD (Texas Association for Health, Physical Education, & Recreation and Dance) Dec 2-5, Arlington

What is Title VI \$

NEXT MEETING IS: January 12, 2010, 10am to 12noon, in the administration board room

**SHAC Minutes
1-12-2010**

Attendance: Toni Schramme, Jane Ferrell, Judy Smith, Mike Rice, Lisa Noser, Betty Humphrey, Tony Simmons, Stephanie Grote, Sandy Fry, Carol Gaas, Gladys Bruno, Julie Cantu, Larry Willman, Pat Peloquin, Michael Ramsey, Chris Turner, Debbie Nesbitt, Cassie McClanahan, Will Roberts, Courtney Zamora, Maria Jimenez, Jill Dubon, Kathy Ward

I. We Approved minutes from last meeting (Nov 09) with the correction of Human Sexuality Notice Letter to parents "to be developed by SHAC", not Director of Curriculum.

II. Jane Ferrell to present sample letter for the board recommending our Sex Ed/Puberty proposals.

A Committee was formed to create a Sex Education proposal(s) which should include options. The SHAC group is currently recommending the use of Big Decisions Curriculum and a specific designated person(s) to teach the curriculum. Committee members are Jane Ferrell, Kathy Ward, Judy Smith, Rhett Grey, Catherine McClanahan, and Carol Gaas.

- 1. Sex Ed proposal – Big Decisions curriculum, specific person to teach (2 separate proposals?)***
- 2. Human Sexuality Parent Notice Letter – see III.***
- 3. Puberty education – proposal will be created by Julie Cantu. Currently some schools are teaching but not all. SHAC would like to recommend that it be require that all Elementary schools teach Puberty during 4th and 5th grade years with the help of the "Always" Changing Program.***

III. Human Sexuality Notice Letter to Parents (Health Ed – SB 283, TEC 28.004) – sample letter will be provided by Stephanie Grote at May meeting.

IV. Create LCISD SHAC Bylaws – show examples from other school districts and assign a committee to create our own bylaws. Committee assigned: Toni Schramme, Lisa Noser, Sandra Fry to create LCISD SHAC bylaws. Hope to present at May meeting.

V. Nutrition part of CRE already audited. CRE "real deal" will come in February. Tony Simmons will speak to the SHAC group in regards to his flexibility and limitations as it pertains to Food Services guidelines. Where are we with Wellness Policy Implementation? SMI has already been done, CRE to be done in February. Elementary schools did well on evaluations; high schools need more improvement to stay in compliance. Tony Simmons gave power point presentation on Food Service guidelines. Tony discussed standardized recipes, CN labels guaranteeing so much protein, etc., menu planning that deals with 5 components, offer vs serve. Please email Tony Simmons for power point if needed. tsimmons@lcisd.org

- VI.** Debbie Nesbitt will present Campbell Elementary School Employee Wellness Program.(2-3 min power point, handout and 5 min internet segment from Monday's appearance on Great Day Houston) ***Campbell Elementary has a great wellness program on campus. SHAC would like to see this kind of program district-wide. Debbie Nesbitt and Kathy Ward will begin working on ideas/proposals to get this kind of wellness program district-wide. Kathy Ward will speak at May meeting. The Great Day Houston TV appearance was awesome! C. Gaas recommended putting this info on lcisd website (any and all wellness programs offered by the district, Ex: am lap swimming)***
- VII.** HB 3 and Health Credit – As per Bonnie Walker, Dir of Curriculum, LCISD has decided to begin implementation of HB 3 with the 9th graders of this year, 2009-2010. Do we want to send a letter to the board asking them to KEEP the health requirements? We need letter composed. ***Toni Schramme and Pat Peloquin will come up with proposal to present to school board asking them to keep health as graduating requirement. We are going to wait for the Fort Bend ISD survey of what other school districts are doing and use this info to help with our proposal.***
- VIII.** Indicators for evaluating SHAC effectiveness – Carol Gaas to provide template we are using for now (found in the SHAC Guide for Texas School Districts). Kelly Cline from Region 4 will provide new template soon. ***Tabled for next meeting. We did hand out current evaluation template. If possible, read over and be ready to discuss at May meeting.***
- IX.** Mike Rice to report on results of Stimulus/Grant \$ and what amount can be allocated to SHAC (Debbie Nesbitt will help with finding such money) ***At this time there is no Stimulus or Grant \$ for SHAC. Mike Rice is still researching.***
- X.** TAHPERD (Texas Association for Health, Physical Education, & Recreation and Dance) Dec 2-5, Arlington. Was anyone able to attend? Any reports? ***Julle Cantu attended... no reports.***

Meeting adjourned at 12:00pm

SHAC Minutes 5/4/10

Attendance: Toni Schramme, Jane Ferrell, Mike Rice, Judy Smith, Lisa Noser, Betty Humplrey, Anthony Simmons, Stephanie Grote, Carol Gaas, Rhett Gray, Bonnie Walker, Julie Cantu, Larry Willman, Pat Peloquin, Robin Wilborn, Sandra Nugent, Joe Crabtree, Chris Turner, Debbie Nesbitt, Cassie McClanahan, Kathy Ward, Eric Ratliff, Robin Noser, Gloria Morales, Wael Aboughalie (Family Practice), Keith Scruggs, Rich Armstrong, Maria Rangel, Trudy Harris

- I. Minutes approved from January meeting. Sandra Nugent made motion, Lisa Noser 2nd.
- II. UT Grant – 15 other schools involved with the grant process. Statistics show: every 10 minutes a teenager gets pregnant. 2 million students a year are having sex; 826,000 in Texas. 1 out of 4 teens have STD. Texas is the highest repeat pregnancies (42% in US, 24% for Texas). 93% of parents are very receptive to Sex-Ed.

Two Abstinence Plus programs: High School curriculum and middle school curriculum. The programs/curriculums are theory and skill-based with role playing, games and discussion.

It's Your Game (IYG)

Curriculum includes 12 lessons in 7th grade and 12 lessons in 8th grade and 16 lessons in high school. They are currently working on programs for 4th, 5th and 6th grades. IYG goal is to train teachers to teach through Health and PE classes. (SHE- Sexual Health Education)

We find out in September 2010. If we get the GRANT we will prepare and plan for one year then implement the following year. Grant is available for 5 years.

Summit – Council of Alcohol and Drugs June 21 – 24. \$100 registration fee. 3 or more folks from district, it is \$50 each and includes lunch. This is held off Memorial area.

- III. SHAC business: Toni will provide all information needed for report to school board. She will provide information to Mike Rice who will then report to school board as required by TEA. Fitness grams have been completed on time and reports done. Elementary completed Puberty-ed in May. Still confusion on who teaches it. At PE in-service in Feb. it was decided that "Always" would be taught in 4th grade and "United Streaming" (on discovery) would be taught in 5th grade. We still need to clarify who teaches this: nurses or PE teachers???
- IV. Bona Foundation: B.L.A.S.T. (Building Lasting Awareness Strategies and Tactics) towards wellness afterschool program. Two scholarships per year for kids in need to be healthy and not obese.

Hutchinson – first LCISD pilot program. They want 3 more schools involved (4 schools per district). No cost to schools – funded through the Bona Foundation. This is for 3rd – 5th

graders. The focus is to also inspired parents to get involved. The school is provided a Wellness Director, Community volunteer, Campus advocate, Doctor, Nutrition Specialist, and school Counselor. Every 21 days they change the topics and format.

www.bonafoundation.com

281.744.9807

info@bonafoundation.com

Note – we invited Cassie Venable to get on the SHAC council.

***Mike Rice will present this information at the next Elementary Principals meeting. They will decide what 3 additional schools will be involved with BLAST.

V. Be Fit 4 Life Now! (Kathy Ward and Debbie Nesbitt) Incredible fitness program that includes 3000 workouts, 7000 meal plans. This program can be offered to employees (Corporate Wellness), athletes and coaches, or any students age 13 and over. We will look at presenting this to HR department as well as other Cabinet members. Trudy Harris (Employee Benefits) is very interested in hearing more. Kathy Ward will get with Mike Rice to make additional arrangement for those presentations with other LCISD Directors.

VI. Health requirement for high schools students was approved by school board. High school students must have Health to graduate.

VII. Food Services: CRE report was great!

VIII. Action items for next year:

SHAC Bylaws need to be created and approved. Toni and Lisa will work on a rough draft this summer to present in Sept.

Mike Rice is hosting a Wellness Fair this summer, Aug 21, 2010, at the Traylor Stadium.

Mike Rice will add to the Aug 19 in-service: Coordinated School Health presented by Debbie Nesbitt. Kelly Cline from Region 4 will be presenting several agenda items for PE/Health and coaches.

Add new members: Lisa Hunter – Lamar Parent and Lisa Kastens – parent in the district.

IX. Meetings for 2010-2011 (time change so that some folks only have to take 1/2 day)

Sept 14, 2010 9:30am – 11:30am (only time the room as available)

Nov 9, 2010 9am – 11am

Jan 11, 2011 9am – 11am

Mar 8, 2011 9am – 11am

SHAC Meeting Minutes September 14, 2010

Attendance: Toni Schramme, Jane Ferrall, Mike Rice, Lisa Noser, Betty Humphrey, Anthony Simmons, Kristin Haney, Stephanie Grote, Carol Gaas, Gladys Bruno, Larry Willman, Pat Peloquin, Malcolm Smith, Sandra Nugent, Will Roberts, Debbie Nesbitt, Cassie McClanahan, Pam Palmer, Lisa Hunter, Deidre Haines, Melinda Morgan, Kathryn Ward, Denise Kellogg, Cassie Venable, Lisa Kastens, Audra Moore, Ethan Shinogle

1. Meeting called to order at 9:35 by Toni Schramme.
2. **Opening Comments and Introductions:** Toni introduced Mike Rice as the Coordinator of SHAC and herself as the Asst. Coordinator. Introductions of the committee attendees were made. Toni reviewed SHAC meetings from last year, gave a history of SHAC and stated that the LCISD SHAC is in compliance.
3. **Executive and Nominating Committees:** Carol Gaas stated that in accordance with the SHAC By Laws, our Executive Committee will be as follows: Carol Gaas – Committee Chair, Stephanie Grote – Vice-Chair, and Lisa Hunter – Secretary. Carol asked for volunteers for the Nominating Committee. Lisa Noser and Lisa Kastens volunteered. Toni made a motion to accept the nominees and Cassie McClanahan seconded the motion. The Nominating Committee will consist of the Executive Committee (Carol, Stephanie and Lisa H), as well as Lisa N and Lisa K.
4. **LCISD SHAC Vision Statement:** Lisa Noser, Ad Hoc By Laws Committee Chair, read the proposed Vision Statement as follows: All LCISD students will reach their full personal, health and academic potential. The acceptance of the Vision Statement was put to a vote and approved.
5. **Approval of Minutes from Last Meeting May 4, 2010:** Carol presented the minutes. Toni motioned to approve and Stephanie Grote seconded the motion. Minutes approved.
6. **LCISD SHAC By Laws Update:** Lisa N reported that the committee had reviewed SHAC By Laws from several school districts. It was decided that the ones from Boerne most closely suited what we should implement. She stated that on page 6 of the Boerne By Laws regarding the Substantive Standing Committee, we should adopt the wording of having a minimum of 3 members. She requested that everyone review the proposed By Laws and email her or Carol with any comments or suggestions.
7. **Federal UT Grant for Sex Education Update:** Jane Ferrall, Wessendorf Nurse and Ad Hoc Sex Education Committee Member, reported on the activity of this committee. She stated that the committee had attended several workshops on the topic, but that the biggest concern of the School District is how parents receive sex education of the students. She reported that UT had recently applied for a grant to implement a sex education program in Houston and several surrounding counties. LCISD School Board approved to get our school district included in the

program. UT will find out at the end of September if the grant is approved. Once approved, planning will begin the following week with implementation to the schools for the 2011-2012 school year. If the UT grant does not get approved, the committee will look further into the Big Decisions program. This program has activities that get students involved with ten lessons and is free.

Jane reminded the committee of the reason that the decision was made last year to adopt an Abstinence Plus program. The attention of many students is lost when you preach or teach that abstinence is the ONLY answer. The Plus program teaches students how to make affective choices and how to protect themselves. Cassie McClanahan reported that the biggest jump in teen pregnancies is in the 9th grade. She also stated that there were 114 pregnancies in LCISD last year: including students at all 3 high schools, boot camp, 1621, night school and 2 junior high. She added that there is no one cause for teen pregnancies, but there are multiple factors.

The question was asked whether or not Health was a high school requirement. Toni responded that although Health is no longer a requirement by the state, it is still a required subject with LCISD. Will Roberts, Foster HS student, reported that sex education is a small topic in the semester long Health class.

There was much discussion surrounding being able to reach students earlier since all of the programs available begin in the 7th grade. The consensus was that the committee would like to be able to reach students earlier.

8. **SHAC Goals for 2010-2011:** Toni reported that she and Carol will work with Mike Rice to put together the SHAC Annual Report to be presented at the September 30 LCISD Board Meeting. She also asked committee members to take a look at the FBISD web site for ideas and that Mike will be adding SHAC to the LCISD web site.
9. **Puberty Videos for Elementary Schools:** The committee agreed that there needs to be consistency in the program: including grade level receiving the information and who presents the material. The comment was made that video is outdated. Toni recommended that a committee be put together to review the program and that the committee should include Mike Rice and Julie Cantu. Volunteers included Carol Gaas, Lisa Kastens, Debbie Nesbit, Stephanie Grote and Gladys Bruno.
10. **SHAC Coordinator Report:** Tabled until next meeting since Mike Rice had to leave the meeting early.
11. **Tobacco Free Ft. Bend Coalition (TFFB):** Audra Moore and Ethan Shinogle from TFFB announced that their program would be implemented in LCISD. They reported that their funding would pay for 8 campus coordinators; one for each of the high schools and junior high schools. The stipend funding the program would also pay for materials, speakers, activities and subs while the

campus coordinators attend training. The training for the coordinators will be held on September 30. There was discussion as to whether the coordinators would be school nurses, health teacher or other teachers. Melinda Morgan offered to attend the meeting to help train the other nurses if nurses were chosen to be the coordinators. It was also suggested that peer mentoring groups, such as PALS, could also help deliver the materials to younger groups not included in the program. Toni will speak with Rhett Gray to determine what direction LCISD is taking in regard to the program and coordinators.

12. **New Business:** Toni requested that committee members refer additional parents to join the committee. Lisa Kastens asked that a heart health test be added to the school required physicals. Pat Peloquin stated that there was an optional heart health test that was given for an additional \$20 fee; however, the test is no longer being offered. Toni will look into this request.
13. **Scheduled Meetings:** November 9, 2010 at 9:00 am – 11:00 am; January 11, 2011 at 9:00 am – 11:00 am; March 8, 2011 at 9:00 am – 11:00 am
14. Toni moved to adjourn the meeting and Lisa Noser seconded it. The meeting adjourned at 11:00 am.

SHAC Meeting Minutes November 9, 2010

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Betty Humphrey, Cassie McClanahan, Cassie Venable, Debbie Nesbitt, Deidra Haines, Denise Kellogg, Gladys Bruno, Jane Ferrell, Joe Crabtree, Julie Cantu, Kristin Haney-Garwick, Larry Williams, Lisa Kastens, Lisa Noser, Melinda Morgan, Pat Peloquin, Rhett Gray, Sandra Kloeber, Sandra Nugent, Will Roberts, Kelly Kline, Brenda Lopez

1. Meeting called to order at 9:10 am by Toni Schramme.
2. **Approval of Sept. 14 Meeting Minutes:** A correction was noted to make a change on page 2 to two pregnancies instead of one. Stephanie Grote motioned to approve the minutes with the change and Jane Ferrell seconded the motion. Minutes were approved. Lisa Hunter will forward the approved minutes to Mike Rice so that he can add them to the website.
3. **New Member Application Review:** Carol Gaas introduced the New Member Application and asked that all current members complete the form at today's meeting. A spreadsheet will be created that includes all member information. This form will be made available on the website.
4. **LCISD SHAC By Laws Review:** Carol Gaas presented the updated by-laws. Toni Schramme motioned to approve the by-laws and Stephanie Grote seconded the motion. By-laws were approved. There was a discussion regarding where SHAC information should be located on the website. The consensus was that the appropriate place would be under a parent button with a link on the home page. Stephanie Grote will discuss options with Mike Rice.
5. **Annual Report Review:** Carol Gaas presented options for the SHAC annual report. Mike Rice recommended that they be as concise as possible and there is no need for an actual presentation to the School Board unless there is a burning issue.

Carol reviewed her draft of SHAC's 2009 – 2010 accomplishments that she would like to include in the annual report. Under **item #2**, Jane Ferrell corrected the wording to state that It's Your Game is for 7th and 8th graders and Reducing Your Risk is for 9th graders and older. Kelly Kline from Region 4 also added to this item that although LCISD is outside of the intended Harris County area for the UT Grant, SHAC was able to get LCISD included.

Carol asked for more information for **item #4**. Pat Peloquin reported that the school menu had been changed to make it clearer. Mike Rice stated that he would provide more details at the next meeting.

Item # 5 discussed Fitness Grams. Although the Fitness Grams were completed, Mike reported that at the high school level there is not a lot of enthusiasm. Therefore, students' willingness will influence the data. Kelly Kline suggested that state results should be compared to LCISD results.

Cassie Venable suggested that perhaps there should be a reward system for completing the Fitness Grams and Mike suggested perhaps exemptions. Denise Kellogg suggested that they be done during team sports. Toni Schramme will add this discussion to the next agenda.

Items #6 reviewed special presenters. It was noted that the tobacco presentation needed to be included.

Carol will make revisions and will email them to the members. Mike will find out when they can be presented to the School Board.

6. **SHAC Goals Discussion:** Carol Gaas reviewed the 2010-2011 goals. Carol added that there needs to be more solid dates of ideal completion. Carol asked that members email her if there is anything they would like to add.
7. **Federal UT Grant for Sex Education Update:** Jane Ferrell reported that there will be a meeting Tuesday, November 16th regarding the UT Grant. Jane will report back with the time as soon as available. Mike Rice offered for the meeting to be held in his conference room. There are several items that need to be addressed prior to the meeting. First, the District Coordinator needs to be determined. It was determined that this is an administrative decision since it is a paid position. For now, Jane will remain as the contact. Second, it was agreed that we are aiming for all of our secondary schools to be included. Third, there was discussion around during what class the program should be implemented. Health was the unanimous choice; however, not all 9th graders have Health class. It was reported that many schools choose P.E. Kelly Kline will try to find out how other schools are addressing this issue.
8. **Bullying Presentation:** Kelly Kline from Region 4 presented Bullying, Violence, Sexting & the Importance of School Connectedness. She stated that it is law that every school district adopt and implement a discipline management program regarding all forms of bullying. Rhett Gray reported that LCISD policy is spelled out in the Student Code of Conduct. Kelly stated that the CDC reports that 1 in 7 school children is a bully or a victim. Joe Crabtree added that the statistic is probably higher in certain locations. Although the bullying issue is being addressed, Debbie Nesbitt reported that training at her school was limited to 5 minutes and a handout. Denise Kellogg suggested that there should be posters throughout schools regarding bullying. Everyone agreed that a protocol needs to be in place for staff and students. Kelly stated that bullying must have an imbalance of power and she provided examples through an interactive CD. A newspaper article was shared that detailed the Fort Bend County Bar Associations donation of copies of the "R U Safe" DVD to every LCISD campus.
9. **Update on After School Wellness Program (BONA Foundation):** Cassie Venable and Keith Scruggs reported that the BLAST program at Hutchinson Elementary includes 21 students with BMIs over 22 in 3rd through 5th grades. The program is free and is held afterschool from 2:45 until 3:30 on Tuesday, Wednesday and Thursday. She reported that the students are creating

food journals and love the program. They are introducing a “Lead by Example Weight Loss Challenge” to their community. It will begin the following week and will be a percentage weight loss challenge.

10. **Puberty Videos for Elementary Schools Review:** Toni Schramme suggested there needs to be a consensus as to when the videos will be shown. Kelly Cline added that there is a video for 4th graders and one for 5th graders. Julie Cantu will meet with Judy Smith and will give an update at the next meeting.
11. **Fort Bend County Women’s Center Presentation:** Brenda Lopez introduced their available programs that include classes on creating healthy relationships, sexting, texting, etc. They have done presentations for Terry High School. This organization is a free resource to SHAC. Brenda is willing to come back and do a more in depth presentation.
12. **Fitness Now Grant Update:** Kelly Kline reported that this grant will be coming available again. Joe Crabtree stated Navarro Middle School previously received this grant that included materials, but not training.
13. **Scheduled Meetings:** January 11, 2011 at 9:00 am – 11:00 am; March 8, 2011 at 9:00 am – 11:00 am
14. Toni Schramme moved to adjourn the meeting and Lisa Hunter seconded it. The meeting adjourned at 11:10 am.

SHAC Meeting Minutes January 11, 2011

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Julie Cantu, Joe Crabtree, Jane Ferrell, Betty Humphrey, Lisa Kastens, Cassie McClanahan, Melinda Morgan, Debbie Nesbitt, Sandra Nugent, Pam Palmer, Pat Peloquin, Anthony Simmons, Larry Willman, Eric Ratliff, Maria Rangel, and Jolie Helms

Meeting called to order at 9:10 am by Carol Gaas.

1. **Approval of November 9 Meeting Minutes:** Toni Schramme motioned to approve the minutes and Pat Peloquin seconded the motion. Minutes were approved. Lisa Hunter will forward the approved minutes in PDF format to Mike Rice so that he can add them to the website.
2. **Ad Hoc Sex Ed Committee Overview:** Jane Ferrell reported that the program will begin with 7th grade and then 8th grade will be included the following year. She added that 9th grade is no longer included in the grant. She stated that she would like to try to eventually get an alternate program for 9th grade and UT is for adding an additional program. Jane reported that we are waiting on contracts.
3. **It's Your Game Curriculum Presentation:** Kim Johnson, UT, presented an overview of their It's Your Game Curriculum. There are twelve lessons for both 7th and 8th grades with four of the twelve lessons being computer based. She stated that they would provide training for the teachers on how to present the lessons.

Kim reported that 87% of parents want sex ed and want it in middle schools. She offered the following statistics: Texas is ranked 3rd in number of teen births behind Mississippi and New Mexico; 46% of teen males and 38% of teen females receive no birth control information before sex. She added that the primary barriers to implementing sex education are communications, teachers and parents.

Kim presented some of the actual curriculum by demonstrating some of the computer activities. She added that everything is on the web for viewing at itsyourgame.org (code is C31). She recommends that all twelve lessons are complete in three to four months. She also added that there is a three hour program for parents called Real Life Real Talk as part of the roll out.

4. **New Member Introduction:** Jolie Helms, parent from Frost Elementary
5. **Member Roster Review:** Lisa Hunter reported that a member spreadsheet had been developed from the member applications that were submitted at the November meeting. She requested anyone that hadn't completed one at the last meeting to do so today. The spreadsheet will tell us what are parent ratio is for the make-up of the committee. She will report again at the next meeting. Lisa will send the member application to Mike Rice to be added to the website.

6. **SHAC Website:** Stephanie Grote reported that she and the Executive Board had reviewed several district websites. She added the Denton ISD site was the best, as far as their SHAC. It was discussed that the Austin ISD and Burleson ISD sites had won awards. Mike Rice stated that he would introduce Stephanie to Chris Davis so that she could work with him on improving the LCISD site. Debbie Nesbitt added that she had contact info for the Austin ISD site.
7. **Pregnancy Resource Tour Report:** Stephanie Grote reported that the SHAC Executive Board visited the Pregnancy Resource Center of Fort Bend County. She stated that the center offers counseling, education and support to women facing an unplanned or crisis pregnancy. Cassie McClanahan added that all of the LCISD secondary schools are aware of the center; however, the issue for some is that they are Christian based.

The committee discussed the Memorial Hermann facility that is located next to Mike Rice's office by Traylor Stadium. It was reported that they provide wonderful service, including pregnancy & STD testing, birth control and counseling. Melinda Morgan added that the facility is open all summer. The question was asked why a similar facility wasn't available at other schools. Mike reported that the main factors in determining the location were transportation and space. It was also reported that there has been another 5 year commitment from the George Foundation to continue with the facility.

8. **SHAC Goals / Annual Report Review and Update:** Carol Gaas reviewed the goals and reported that she will continue to work on the format. Mike reported that the administration will edit the annual report before it is presented to the board.
9. **Report from Coordinator:** Mike Rice reported that he had met with the Elementary School Principals. He stated that most of them feel good about the 4th and 5th grade material for puberty education. He directed them to get coordinated on when and how the video is seen by the students. The majority of them present it in the spring. He added that there are only 3 or 4 schools with any issues. It was added there is a Spanish version available.
10. **Nutrition Services Update:** Tony Simmons reported on the Child Nutrition Policy Measurement Plan and that there was only one violation during this last review. The violation was that a pre-k student did not take a juice. He added that there will probably be a lot of rule changes; for example, they may only be able to offer 1% or fat free milk. He hopes to have more to update in March.
11. **Scheduled Meetings:** March 8, 2011 at 9:00 am – 11:00 am
12. The meeting was adjourned at 11:10 am.

SHAC Meeting Minutes March 8, 2011

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Gladys Bruno, Joe Crabtree, Jane Ferrell, Betty Humphrey, Lisa Kastens, Denise Kellogg, Cassie McClanahan, Melinda Morgan, Debbie Nesbitt, Sandra Nugent, Pam Palmer, Pat Peloquin, Anthony Simmons, Judy Smith, Sandra Startz, Kathryn Ward, Eric Ratliff (UT), Susan Tortolero (UT), and Jessica Pierce (Crisis Intervention of Houston)

Meeting called to order at 9:10 am by Carol Gaas.

1. **Approval of January 11 Meeting Minutes:** Toni Schramme motioned to approve the minutes and Pam Palmer seconded the motion. Minutes were approved with no changes. Lisa Hunter will forward the approved minutes in PDF format to Mike Rice so that he can add them to the website.
2. **Committee Reports:** Carol Gaas stressed that we need to grow our membership next year. We would like to include people from a variety of backgrounds. Lisa Hunter reviewed the member application and member roster. Stephanie Grote stated that they are trying to make the web page more appealing and would like to add more informative articles. Mike Rice added that he met with Chris (LCISD web master) last week and he is working to have a separate page for SHAC under Health / PE.
3. **Sex Ed Sub-Committee Reports:** Eric Ratliff is currently evaluating how LCISD makes decisions and who has authority. Sandra Startz stated that kids need the skills to be able to counsel their friends and that boys need to know their role. Susan Tortolero added that with over 5000 students exposed to the program, they haven't had any complaints from parents, but had one from a teacher. They will coach and shadow our teachers. She also stated that she wanted to gage our council's comfort level. Lisa Kastens stated that she is comfortable since knowledge doen not give permission. Cassie McClanahan added that the program is evidence based and has been proven to work. Susan T reported that the developers of Big Decision are no longer promoting the program and that it was not evidence based. She added that there are a lot of programs that provide information, but don't offer teaching the skills on how to deal with the information.

Carol Gaas asked why it is important to role play with topics like marijuana. Susan T replied that it is important to be "real" and to give students skills to decline. Therefore, realistic role plays need to be used. She added that many people have the fear that kids then think it is the "norm." Kathryn Ward stated that it will be important to give parents statistics so that they understand. Judy Smith discussed how the program will integrate a parent's values and also allow for opting out. Susan T added that the program helps students decide what their rules are ahead of time and that they are not told what rules should be. It is suggested that if sex is chosen, then protection should be used. She added that parents' values are important and that they will have access to the curriculum. Stephanie Grote stated that this role playing is similar to bullying role

playing that has already been introduced in schools. Susan T added that an effective program provides kids skills, while giving them room to practice and protect their rules. The 7th grade program is more about decision making and the 8th grade program is more about sex decisions. Kathryn Ward agreed that role playing works in every aspect of learning. Susan T added that there will be homework that includes a parent interview. Gladys Bruno stated that this will force parents to be involved.

Kathryn Ward asked if there will be a campus coordinator since issues will come up at the school level first. Stephanie Grote replied that Bonnie Walker is speaking with principals. There will also be meetings in late May on each 6th grade campus. They also need the support of the 7th grade staff. UT has been asked to teach the program the first year. There will be an opt out option for parents. Mike Rice reported that the 7th grade campuses have been approached. There has been a perception that something like this program has been in place in health, but it has not. Therefore, we are not taking anything away from our current program, we are adding to it.

Joe Crabtree asked about statistics and data. Susan T reported that 90 schools will be in the program over 12 districts. She said that 30 schools will be selected for evaluation purposes, but each district can do their own evaluation. Cassie McClanahan added that she has district data regarding sexual activity of LCISD students. Judy Smith stated that LCISD is above average in sexual activity and STDs.

Pam Palmer asked that there be a variety of times and opportunities offered for parent communications. Susan T stated that they will train presenters. Denise Kellog suggested that there be a video link for parents that can't attend a meeting. Toni Schramme added that there will be four meetings and parents can attend any of them. Mike Rice stated that parents would be provided information before the meetings. Pat Peloquin suggested that there be a "re-teach" in the fall. Kathryn Ward stated that she would like to find out about high school programs available.

4. **Report from Coordinator:** Mike Rice reported that he had given the LCISD Board of Trustees a synopsis of the accomplishments of SHAC for the 2010-2011 school year. Also, the sex ed program will be presented at the March 24th LCISD Board of Trustees meeting. Toni Schramme added that she had completed the TEA Survey.
5. **Crisis Intervention Presentation:** Jessica Pierce, Director of Business Development for Crisis Intervention of Houston, presented information on her organization. They have been in existence since 1970, have served over 2 million youth, and have a relationship with FBISD. They offer several teen / youth services: teenline, teenlink (www.teenlinkhouston.org), 24 / 7 teen text (text TEEN to 78247), youth outreach, free youth yellow pages, and a peer-to-peer crisis response team. She reported statistic from the FBISD call in line are: 56% female, primarily 14-16 years old and caucasian. She stated that the primary reasons teens call is for conversation counseling, relationship problems, depression & suicide, gathering basic information/resources,

and third party suicide. They are able to trace a call and in the event of a high suicide situation , they will dispatch an ambulance. The heaviest calling period is between 2:00 pm until 6:00 pm when many youth are alone afterschool. 70% of callers report being more able to handle their crisis and 80% report having lower anxiety levels after calling the crisis hotline.

Melinda Morgan stated that LCISD doesn't have resources for students that have stress in their lives. She added that when Briscoe had a student suicide, the school put Crisis Intervention's hotline number on their marquee for students. CI also came out to Briscoe the following day to offer support for the students and staff.

Jessica stated that they can offer both telephone and web based counseling, community workshops, and links to additional resources. They are also able to provide the district with data on calls if a private line is set up. She added that the primary reason for calls is depression and that the third leading cause of death for ages 10 through 24 is suicide. Jane Ferrell stated that UT would soon have statistics regarding issues with sexual identity.

Jessica finished with stating that she would like for LCISD to collaborate with other school districts in order to have the dollars needed to help with staffing.

6. **New Business:** Proposed meeting dates were discussed for the next school year. It was decided that meetings will be held on September 13, November 8, February 7, and April 10 9:00 am – 11:00 am. Toni Schramme will reserve the board room for those dates. It was also agreed upon to continue discussing bullying next year.
7. The meeting was adjourned at 11:05 am.

SHAC Meeting Minutes September 13, 2011

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Jane Ferrell, Sandra Fry, Stacy Hodges, Betty Humphrey, Lisa Kastens, Cheryl Koelzer, Corrine Light, Karrin Loser, Cassie McClanahan, Melinda Morgan, Debbie Nesbitt, Pat Peloquin, Anthony Simmons, Deputy C.D. Sonnier, Judy Smith, Kathryn Ward, Jordan Hunter, Chandler LeMaire, Kaitlin Noser, and Darci Stavinoha.

Meeting called to order at 9:10 am by Carol Gaas.

1. **Approval of March 8, 2011 Meeting Minutes:** Toni Schramme motioned to approve the minutes and Lisa Kastens seconded the motion. Minutes were approved with no changes. Lisa Hunter will forward the approved minutes in PDF format to Mike Rice so that he can add them to the website.
2. **Introductions:** Carol Gaas initiated introductions and the board and committee proceeded with introductions. New members were introduced by Carol.
3. **Committee Reports:** Lisa Hunter reviewed the member application and member roster. She reported that with our new parent members and student members we will be in compliant with the rule that the council should be made up of over 50% non-LCISD employees. Stephanie Grote stated that there have been changes made to the website making it easier to find and also update. She requested any suggestions for changes or additions.
4. **Sex Ed Sub-Committee Reports:** Carol reported that she now has a new role as Grant Coordinator for the It's Your Game program. She will be making sure that there is adequate training, the facilities are available, and that there is awareness amongst the administration and parents.

She reviewed a hand out of a IYG power point presentation. She stated that there is a parent notification letter currently out. She added that the pilot that will include Lessons 4 and 5 is scheduled for early October at Briscoe, George, and Reading. Lamar JH and George will be part of the UT survey / evaluation and Lamar JH will be a control school, therefore not having the course implemented. Toni Schramme asked the student reps if they would review these lessons and provide feedback. Toni also asked if off campus PE students would be able to receive the program. Carol will find out and reported that 75% participation by students would be in compliance with the grant and that the opt out letter would be sent soon.

Carol stated that a high school program is not covered under the grant, but UT has some recommendations. She would like for the sex ed sub-committee to meet to discuss these options. Mike Rice suggested to check the TEKS and textbook also. Jane Ferrell asked the students what they got out of their health class. Jordan Hunter replied that the thing she remembered the most was learning CPR. She added that especially in high school, students need

peers or people closer to their age to talk to them about sex. Cassie McClanahan commented that she had those resources and Kathryn Ward added that college students would be effective.

- 5. Report from Coordinator:** Mike Rice stated that Texas state law mandates what we do. The administration is trying to define how sex ed is taught in LCISD schools and bring it into scope. He reported that we are training teachers and outsiders to teach IYG, so we are being flexible. He added that we have the funding for 5 years for the program. Kaitlin Noser asked if there is an opportunity for peer teaching in the program. Mike stated that we can do things after the initial 12 days of the program to enhance it. However, for the 12 days we must stick to the program exactly. Jane asked the students to view the program as a 7th grader when they look at the program on online.

In addition, Mike commented on school fitness by stating that George JH and Navarro had the fitness grant and were able to purchase equipment and training by the HOP sports founder. However, the funding is now gone. Both of these schools had to do the Fitness Grams twice to show that the program worked. He added that the philosophy behind Fitness Grams has changed and that not everyone has to be tested now. Toni commented that this change skews the results and unfortunately there are no consequences for bad results. Even still, Fitness Grams have improved. Darci Stavinoha added that students don't take them seriously, even the athletes. Mike added that there needs to be funding to improve the program.

- 6. Crisis Intervention Update:** In reporting on bullying, Mike stated that bullying and suicide training is out there in the district and that each school addresses it differently. He added that currently an identified bully is moved from the school. Kathryn stated that after the suicide last year, counselors were at the school immediately, but her concern is what happens months later to the kids. Mike confirmed that there was more than one suicide in the district. Melinda Morgan added that the George Foundation is taking care of funding for this area for LCISD, FBISD, and Stafford ISD. They would like to also include Needville ISD. FBISD shared templates with us to print posters for the schools. Graphic Arts is currently printing them. She continued that next month is Safe Schools month and that there will be bumper stickers for busses, in addition to the posters for schools. Kathryn reiterated that there needs to be follow up for these circumstances. Melinda confirmed that Crisis Intervention will do so for a group or a particular student. She added that Danny Heller with CI can do the follow up. Darci offered that PALS at Terry has started a one on one program with Terry students. She added that the volleyball team needs someone to come back and talk to them regarding the suicide of their former team member. Kathryn added that groups at George Ranch also need follow up from this same incident.

Melinda stated that Crisis Intervention will provide staff development. Mike asked Melinda to talk to him about offering the training for the February 2 staff development day. She reported that teens staff the CI hot lines with adult supervision. Carol asked who follows up on the issues. Mike replied that he and Melinda would do some follow up.

7. **School Health:** Pat Peloquin reported on wellness at Lamar CHS and how they are trying to bridge a gap for their staff. They have designated an unused room to provide staff a place to work out. They have "borrowed" equipment and it is available to all staff for no charge. They have asked the staff to give them at least 10 minutes a day. They started a video work out class on Wednesdays at 4:00 and will increase the days if interest is there. He would like to see a district wellness center. Kathryn offered to send workouts for the teachers. Debbie Nesbitt reported that the participation had dwindled at Campbell.

8. **New Business:** Carol reviewed the hand out with the goals for 2011-2012. She added that the list doesn't end and can be amended.

Jane proposed holding parent meetings with special speakers once every month or every other month. She provided a hand out with ideas and asked that members give her feedback and prioritize the ideas. It was stated that we cannot use for profit speakers and the meetings should be available district wide and not by campus. Jane offered that she is looking into locations to hold the meetings. It was stated that we could make the community aware of the meetings by placing flyers in the schools, in students' folders, through email distributions, and on school marquees. Toni asked if we need school board approval and Mike said he would find out. Melinda added that at one time there was a similar program. Carol stated that the first thing to be done is to find out if there are any hurdles or barriers. Then we can discuss topics and figure out how to spread the word.

Carol announced that September 12 – 16 is Texas Obesity Awareness Week and that there is a webinar on Wednesday, September 15 at noon. You can register by going to www.texasobesityweek.org.

The proposal for changing the meetings to a later time was discussed, but the decision was made to leave the meetings at 9:00 am.

Meetings for the remainder of the school year: November 8, February 7, and April 10 9:00 am – 11:00 am.

The meeting was adjourned at 10:55 am.

SHAC Meeting Minutes November 8, 2011

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Walter Beavers, Jane Ferrell, Stacy Hodges, Betty Humphrey, Jordan Hunter, Lisa Kastens, Denise Kellogg, Cheryl Koelzer, Chandler LeMaire, Karrin Loser, Cassie McClanahan, Debbie Nesbitt, Pat Peloquin, Sgt. Kathy Rader, Anthony Simmons, Darci Stavinoha, Curtis Clark, Brian Forshee, and Gerard Argao.

Meeting called to order at 9:10 am by Carol Gaas.

1. **Approval of September 13, 2011 Meeting Minutes:** Toni Schramme motioned to approve the minutes and Lisa Kastens seconded the motion. Minutes were approved with no changes. Lisa Hunter will forward the approved minutes in PDF format to Mike Rice so that he can add them to the website.
2. **Introductions:** Carol Gaas asked for introductions of new attendees. Those present were Curtis Clark (parent), Coach Brian Forshee (Reading JH PE), and Deputy Gerard Argao (Community Service Division, Ft. Bend County Sheriff's Office).
3. **Committee Reports:** Lisa Hunter reviewed statistics regarding our member base and reported that we now have 62% non-LCISD employees as members and comply with the rule that our member base be made up of over 50% parents with children in the district who are not employed by LCISD. She also reviewed some aspects of the Texas SHAC Self-Assessment Report and reported that we currently are in compliance with our membership being comprised of key segments of the community, as well as being representative of the eight components of the Coordinate School Health: Family & Community, School Health Ed, Physical Education, School Health Services, Nutrition, Counseling, Healthy School Environment, and Health for Staff. Carol Gaas stated that the SHAC meetings will be held at the same time as in previous meetings.
4. **Sex Ed Sub-Committee Reports:** Carol reviewed the It's Your Game (IYG) pilot program that was administered at George JH, Reading JH, and Briscoe JH. The pilot covered the IYG lessons 4 and 5 and was conducted for two days, October 5 and 6, at each school. An overview was also distributed with the agenda. She stated that the pilot was an unqualified success and that the next step is the actual complete roll out. Lisa, SHAC Board Secretary and IYG instructor, reported that the program was very well received at George JH. She added that the instruction of the curriculum went very smoothly and the students were very interactive. Cheryl Koelzer reported the same results at Reading JH. Coach Forshee stated that the only negative that he thought there might be with the program was that "subs" are teaching the program instead of existing teachers. Mike Rice responded that in our agreement with UT, we would roll the program out with part UT instructors and part "subs" in order to allow time to train our employees. Jordan Hunter, Lamar HS student, stated that she feels that students may actually feel more comfortable talking about this subject with a sub rather than a teacher or coach that they see in the halls every day. Darci Stavinoha, Terry HS student, added that the sex education they

received in 7th and 9th grade through the Health class was ineffective/incomplete and thinks it is unfortunate that we are just getting the program.

5. **Report from Coordinator & Crisis Intervention Update:** Mike reported that the Crisis Team is constantly busy. Walter Beavers reiterated what Melinda Morgan had previously reported that starting next year; the George Foundation will be picking up the cost for the crisis talk lines. He added that we are working with the teachers and employees to build relationships with students. He stated that a parking lot attendant had even picked up on an issue a few weeks ago, that was handled. Darci commented that there was a third suicide at her school and there had been no follow up after the last one.

Carol stated that even though, as a SHAC, we cannot solve the problem, we can help make recommendations. She proposed that a suicide sub-committee be formed that could help put together resources for families. She added that this could be a good community outreach opportunity through Jane Ferrell's idea from the last meeting. Anyone interested was asked to add his or her name to a list before leaving the meeting. She would contact them regarding a meeting.

Betty Humphrey stated that unfortunately suicide affects everyone, even grandmothers. Toni added that we should not tip toe around the issue. We must train teachers, hold assemblies, and we have to talk about it with everyone. Walter also added that we have to make the issue personal. Deputy Argao stated that they had received the call about the Reading JH child and that he had personal interest in suicide. He added that we have to figure out how to open up families and to change their communications with their children. Darci commented that the Terry HS student that committed suicide had left her story on Twitter. Toni stated that teachers need some direction on what they can and cannot do and say. Carol reported that Melinda has a meeting tomorrow with the hot line group and after the meeting she will have Lamar CISD specific statistics. Walter replied that our school district is not alone, but since we are a close community, we know more of what is going on. He added that Crisis Intervention will be able to provide us with more information after the meeting. Carol noted that we do need to be able to address training for teachers.

6. **Internet Safety:** Deputy Argao offered that there is a website, netsmartz.org, that is affiliated with the National Center for Missing and Exploited Children that has available information regarding Internet Safety. There are videos on the website that anyone can view. He showed a video of a case from 2002. The video described circumstances where a girl she became friends with someone who had presented themselves as a fourteen year old girl that was actually a man. He became her abductor and torturer. Deputy Argao stated that pedophiles blend in with everyone else. They target people based on what they put online. Then they groom their targets. Deputy Argao reported that there are signs that parents can look for that indicate that a child could be engaging in unsafe internet activity: receiving gifts through the mail, making calls to unknown numbers, turning away from friends and family, spending a lot of time online,

acting upset when he/she can't get online, and minimizing screen or turning off monitor when a parent arrives. He added that children need limits. Parents should set rules for their children's internet use, including sites they can visit, who they can talk to, and how much time they can spend on it.

He recommended that the following activity be reported: anyone sending an obscene picture or content, anyone who speaks to a child in a sexual manner, anyone who asks to meet a child. He stated that you make a report at cybertipline.com or 1-800-the10st.

- 7. School Health:** Tony Simmons distributed a hand out that included the new USDA Guidelines. He stated that these guidelines comply with the Healthy Hunger Free Act of 2010. One of the highlights is that only 1% or 0% unflavored and 0% chocolate milk has been a choice since August of 2011. He added that he foresees the calorie count will decrease and that there will be additional audits. He reported that the school district receives more reimbursement for free lunches than paid ones; therefore, the free lunches subsidize those that are paid for by students. He also added that LCISD is ahead of the curve regarding nutrition.

Meetings for the remainder of the school year: February 7, and April 10 9:00 am – 11:00 am.

The meeting was adjourned at 11:00 am.

SHAC Meeting Minutes February 7, 2012

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Sandra Fry, Betty Humphrey, Jordan Hunter, Chandler LeMaire, Karrin Loser, Cassie McClanahan, Melinda Morgan, Debbie Nesbitt, Pat Peloquin, Anthony Simmons, Judy Smith, and Darci Stavinoha.

Meeting called to order at 9:09 am by Carol Gaas.

1. **Approval of November 8, 2011 Meeting Minutes:** Toni Schramme motioned to approve the minutes and Stephanie Grote seconded the motion. Minutes were approved with no changes. Lisa Hunter will forward the approved minutes in PDF format to Mike Rice as soon as it's possible to add them to the website.
2. **Committee Reports:** Lisa Hunter reported that we are currently on track with our required member ratios. Stephanie Grote reported that the LCISD website is currently undergoing a complete change.

Carol also reviewed a copy of "Ten Things You Should Know About School Health Advisory Councils." She pointed out that the local issue (point number 1) that helped jumpstart our SHAC was recommending an abstinence plus program, getting the school boards approval, and then receiving the UT grant. She added that we need to look to the future and find a "SHAC champion" on the school board (point number 7). Carol reminded everyone that the Austin ISD SHAC website is a great one for resources.

3. **Nominating Committee Report:** Carol presented the current LCISD SHAC By Laws adding that they had been approved last year. She reviewed officer positions and responsibilities, as well as the committees, all of which are outlined in the by laws. She also stated that current SHAC members should bring potential members for next year to our upcoming May meeting. She added that she would like to have someone from the domestic violence area of expertise as a member.
4. **Sex Ed Sub-Committee Reports:** Carol stated that there is no update from the sex ed sub-committee regarding high school curriculum options. Carol reported that she was invited to attend a meeting in January that focused on the transition from the "select" to the "approve" step of the CHAMPSS (CHOosing And Maintaining Programs for Sex education in Schools) Model. She added that Lamar and Huffman were the only ISDs at the meeting that had implemented a sex ed program and that many of the ISDs attending did not have an organized SHAC. She announced that there is a training opportunity presented by University of Texas Prevention Research Center on June 12-14 at the University Life Center. This training is the Annual Adolescent Sexual Health Course and registration can be done at UTPRC's website.

Carol next reviewed the power point presentation from a webinar titled "The Work of SHACs: Identifying Evidence-Based Programs." She began by pointing out that our junior high program,

It's Your Game (IYG), meets all of the criteria of being identified as evidence-based. Cassie added that the previously considered Big Decision is in the process of being able to be identified as evidence-based.

Carol reported that session 1 of the IYG roll out was completed and that session 2 is underway. Lisa discussed her experience as an IYG teacher at George JH during session 1. She stated that the first session went very well and that as a whole the students were receptive to the program. She added that based on the questions and comments during the class, the program is very needed for these students. All of the student representatives agreed that the program is timely for junior high students.

5. **Report from Coordinator:** Mike reviewed handouts that were distributed regarding the 2012 School Health Policies and Practices Study. The handout showed question topics regarding physical education and activity. There was discussion surrounding the validity of Fitness Gram results being that there are no real consequences. Mike would like to see exemption from finals tied to results. He also provided copies of the questions that he was required to answer regarding what he would like to see on the State's obesity web portal.

In addition, TSHACs recommendation to update wellness policies to prohibit the use of physical activity as punishment was discussed. The committee supports the recommendation. The LCISD SHAC resolution was reviewed and approved without objections. Signatures of members were requested. Mike stated that they would be working on handbooks that will give explicit instructions on the rules.

6. **Crisis Intervention Update:** Melinda discussed statistics regarding the Ft. Bend Talkline as reported by Crisis Intervention (CI) of Houston. She added that CI is creating a Facebook page and that there are posters throughout our schools. In addition cards have been passed out, for example Terry HS included the cards with curriculum selections. Judy and Melinda have also been attending principals meetings.

Stephanie reported that she, Carol, and Lisa met with CI at their center. Part of their discussion included the LCISD contract and what it provides. They learned that the contract allows for 8 to 10 sessions that can be used for teachers, counselors, students, or a combination. LCISD has used none of these sessions so far. Topics for the sessions may include bullying to suicide prevention. One item that was discussed at the meeting was to designate a contact person for each school. Judy commented that a flow chart is being created for each school to follow in the event of a crisis. Melinda added that they are going to rotate staff development throughout different districts and hopefully DMA hours will be offered. Judy also stated that they are looking at different CIs around the country while trying to create new staff development for teachers. Karrin added that the junior high and high school counselors have not always been helpful. Stephanie proposed that the sub-committee could help with the CI process.

Stephanie also provided an update on the sub-committee meeting held earlier. Those in attendance were Stephanie, Carol, Darci, Jordan, and Kaitlin. They discussed how to reach out to students before, during, and after a crisis. They also discussed how to include PALS in working with the CI team.

There was no update on the community forum previously discussed at the last SHAC meeting.

7. **Texas Agri-Life "Walk Across Texas":** Sandra Fry, Family Consumer Sciences, offered that their agency provides bullying sessions, skin cancer education, diabetes education, and grandparenting classes among other topics. She provided information about their program, Walk Across Texas. The program is an 8 week physical activity program beginning with a kick-off walk on March 4 and ending with another walk on April 28 at Seabourne Park. The program promotes physical activity among school children and their families. She proposed that the SHAC form a team.
8. **Announcements:** Meetings for the remainder of the school year: April 10, 9:00 am – 11:00 am. Agenda items for this meeting are bullying update, skin cancer awareness, and new member recruitment for the 2012-2013 school year.

The meeting was adjourned at 11:00 am.

SHAC Meeting Minutes April 10, 2012

Attendance: Mike Rice, Toni Schramme, Carol Gaas, Stephanie Grote, Lisa Hunter, Sandra Fry, Stacy Hodges, Jordan Hunter, Cheryl Koelzer, Chandler LeMaire, Corrine Light, Karrin Loser, Cassie McClanahan, Melinda Morgan, Debbie Nesbitt, Pat Peloquin, Sgt. Kathy Rader, Anthony Simmons, Darci Stavinoha, Jess Stuart, Eric Ratliff (UTSPH), Frankie Rodriguez (FB Family), Brenda Thompson, Kim Stech (Terry PALs), Kaitlyn McInturff (Terry student), and Brian Forshee.

Meeting called to order at 9:00 am by Carol Gaas.

1. **Approval of February 7, 2012 Meeting Minutes:** Toni Schramme motioned to approve the minutes and Cassie McClanahan seconded the motion. Minutes were approved with no changes. Lisa Hunter will forward the approved minutes in PDF format to Mike Rice as soon as it's possible to add them to the website.
2. **Nominating Committee Report:** Carol recognized new members: Brenda Thompson and Reverend Frankie Rodriguez. Brenda has students in LCISD and also writes a food blog. Rev. Rodriguez is COO of Fort Bend Family Health Center. Carol also reminded current SHAC members that everyone should be involved in recruiting potential members for next year and that the majority of the SHAC membership must be made up of non-LCISD employees.
3. **Sex Ed Sub-Committee Reports: High School Curriculum –** Carol presented the Resolution for SHAC Recommendations for Evidence-Based Sexual Health Curriculum Options for High School. It recommends that the curriculum be updated to include an evidence-based program designed to delay sexual initiation, improve contraceptive use, and/or decrease teen pregnancy. When Mike receives the final resolution, he will first take it to Walter Bevers and then to Dr. Randall for their review before presenting it to the school board. He is concerned about it's reception since he is having to cut his budget. Carol stated UT is pushing for evidence based programs. Cassie commented that she is also concerned about getting approval due to the cost. She added that we need to know if the board is willing to spend the dollars. If not, then we need to move forward with Big Decision which is currently in the process of gaining evidence based status. Melinda offered that there are grants available; however, they normally require evidence based programs. She added that their secretary is good at finding grants and that we should look to LEAF and George Foundation for possible support.

It's Your Game (IYG) - Carol stated that George JH and Briscoe JH have completed the 7th grade roll out of IYG for this year. Coach Forshee added that Reading JH is almost complete. Carol reported that she has submitted the IYG budget for next year and that the 2012-2013 plan is to teach the 8th grade curriculum in the fall and the 7th grade curriculum in the spring. In addition, the consultants and teachers are signed up for the new training.

4. **Report from Coordinator:** Mike Rice stated that the deadline for completing Fitness Grams is May 1st. He added that TEA requires certain groups to be tested, including band, cheer, and off-

campus PE. Pat Peloquin added that Lamar HS is testing the entire school. Carol asked if Mike could give SHAC a report during the first or second meeting of next year and he replied that he would try. Carol asked that we try to get more signatures for the PE resolution.

5. **Terry High School PALs Update:** Kim Stech (sponsor) recently heard Jeremy Bates, California based Revolution Speak, and in two hours it was life changing. After hearing him, she really wanted him to come to Terry. One of her students called and emailed him describing the recent tragedies at her school and the pain that the students felt. He returned her call and she got the ball rolling and worked to raise the needed money (a discounted amount of \$1600). While at Terry he led a large assembly and then the following day an all day small group session of 150 students. Carol and Coach Schramme were able to attend the assembly. Toni added that she read he is one of the most sought after speakers and would be a great speaker for the teachers. Kim reported that there was an after school opportunity for Bates to meet with the Terry staff and faculty. Bates calls himself a "Hope Dealer" and now that they are trained, the Terry PALs students are also "Hope Dealers." One of the students said that after being with Bates, she now knows she can be friends with anyone. He also made her realize that she is worth more than she thought. Kaitlyn, Terry student, said she didn't attend the original conference so she was skeptical at first, but is now closer to people she didn't know before. She added that you could have heard a pin drop when he was speaking and that he had such an impact. Mirande, Terry student, added Bates gave them hope. He even got them to play silly games and made them feel that everyone was on the same page; that no one was better than anyone. She stated that he taught them that it is ok to be different. Kim concluded by giving several examples of how having Bates at her school was life changing for their students.
6. **Fort Bend Family Health Center:** Reverend Frankie Rodriguez, COO and Anglican priest, stated that the health center has been around for thirty six years. The facility takes care of those that are at poverty level and may have fallen between the cracks with other programs. A family of four with an income of less than \$45,000 is considered at poverty level and can receive care at their center. Those that make more can still receive care on a sliding scale based on income. They currently have 18 providers and operate on a budget of \$14 million. They see about 23,000 patients per year with approximately 85% paying a co-pay. They also offer dental and behavioral health. All of their services are evidence based. Rev Rodriguez stated that he is most interested in behavioral and mental health for teens. His hope is that their program can help teens.
7. **Crisis Intervention Update:** Carol presented the Resolution for SHAC Recommendations for Crisis Intervention and Suicide Prevention. The recommendation is that the school board create a district crisis response team to address suicide prevention, intervention, and postvention activities and programs, and ensure that the district improvement plan includes strategies for suicide prevention. She added that the Midland ISD is also looking into a similar resolution. Melinda stated that this is the last year that LCISD will be paying for CI and that going forward the George Foundation will be paying. It was agreed to move forward with the resolution.

8. **Announcements:** Meetings for the next school year: September 18, 2012; November 13, 2012, February 12, 2013; April 9, 2013; all 9:00 am – 11:00 am.

The meeting was adjourned at 11:07 am.

DEPARTMENT OF HEALTH AND HUMAN SERVICES

PUBLIC HEALTH SERVICE

Office of Grants Management

1101 Wootton Parkway
Suite 550
Rockville, MD 20852

2861
5949

NOTICE OF GRANT AWARD

AUTHORIZATION (Legislation/Regulations)
Division D, Title II of the Consolidated Appropriations Act, 2010 (Public Law 111-117)

| | |
|---|-----------------------------------|
| 1 DATE ISSUED (Mo./Day/Yr.) 09/20/2010 | 2 CFDA NO 93.297 |
| 3 SUPERCEDES AWARD NOTICE dated except that any additions or restrictions previously imposed remain in effect unless specifically rescinded | |
| 4 GRANT NO 1 TP1AH000072-01-00 Formerly | 5 ADMINISTRATIVE CODES TPP01 |
| 6 PROJECT PERIOD Mo./Day/Yr. From 09/01/2010 | Mo./Day/Yr. Through 08/31/2015 |
| 7 BUDGET PERIOD Mo./Day/Yr. From 09/01/2010 | Mo./Day/Yr. Through 08/31/2011 |

8 TITLE OF PROJECT (OR PROGRAM) (Limit to 56 spaces)
Teenage Pregnancy Prevention Replication of Evidence Based Programs

9 GRANTEE NAME AND ADDRESS
a The University of Texas Health Science Center at Houston
b PO BOX 20036
c
d Houston e TX f 77225-0036

10 DIRECTOR OF PROJECT (PROGRAM DIRECTOR/PRINCIPLE INVESTIGATOR)
(LAST NAME FIRST AND ADDRESS)
Whitney C Houston
Post Office Box 20036
Houston, TX 77225
Phone: (713) 500-3999

11 APPROVED BUDGET (Excludes HHS Direct Assistance)

I HHS Grant Funds Only

II Total project costs including grant funds and all other financial participation
(Select one and place NUMERAL in box) **II**

(Select one and place NUMERAL in box)

a Salaries and Wages
b Fringe Benefits
c Total Personnel Costs
d Consultants Costs
e Equipment
f Supplies
g Travel
h Patient Care - Inpatient
i Patient Care - Outpatient
j Alterations and Renovations
k Other
l Consortium/Contractual Costs
m Trainee Related Expenses
n Trainee Stipends
o Trainee Tuition and Fees
p Trainee Travel
q TOTAL DIRECT COSTS

r INDIRECT COSTS (rate of)

s TOTAL APPROVED BUDGET

t SBIR Fee

u Federal Share

v Non-Federal Share

12 AWARD COMPUTATION FOR GRANT

a Amount of HHS Financial Assistance (from item 11 u)

b Less Unobligated Balance From Prior Budget Periods

c Less Cumulative Prior Award(s) This Budget Period

d AMOUNT OF FINANCIAL ASSISTANCE THIS ACTION

13 RECOMMENDED FUTURE SUPPORT
(Subject to the availability of funds and satisfactory progress of the project)

14

15

16

(Select one and place LETTER in box)

a DEDUCTION
b ADDITIONAL COSTS
c MATCHING
d OTHER RESEARCH (Add / Deduct Option)
e OTHER (See REMARKS)

b

16 THIS AWARD IS BASED ON AN APPLICATION SUBMITTED TO, AND AS APPROVED BY, HHS ON THE ABOVE TITLED PROJECT AND IS SUBJECT TO THE TERMS AND CONDITIONS INCORPORATED EITHER DIRECTLY OR BY REFERENCE IN THE FOLLOWING:

a The grant program legislation cited above
b The grant program regulation cited above
c This award notice including terms and conditions. If any, noted below under REMARKS
d HHS Grants Policy Statement including addenda in effect as of the beginning date of the budget period
e 45 CFR Part 74 or 45 CFR Part 82 as applicable

In the event there are conflicting or otherwise inconsistent policies applicable to the grant, the above order of precedence shall prevail. Acceptance of the grant terms and conditions is acknowledged by the grantee when funds are drawn or otherwise obtained from the grant payment system.

REMARKS: (Other Terms and Conditions Attached - Yes No)

This grant has been awarded at the Office Adolescent Health (OAH) recom

GRANTS MANAGEMENT OFFICER (Signature) (Name - Typed/Print) (Title)
Karen Campbell Grants Management Officer, OPHS

| | | | | | |
|--------------------------------------|-------|-----------------------------|--------------|------------|-------------------------|
| 17. OBJ CLASS FY-CAN 0-19999SQ | 41.45 | 18. CRS - EIN TP1AH0072A | 1741761309A3 | 19 LIST NO | CONG DIST : 07 |
| 20 a | | b | c | | AMT ACTION DR ASST 0 |
| 21 a | | b | c | | |
| 22 a | | b | c | d | e |

NOTICE OF GRANT AWARD (Continuation Sheet)

| | |
|------------------------------|---------------------------|
| PAGE 2 of 4 | DATE ISSUED 09/20/2010 |
| GRANT NO 1 TPLAH000072-01-00 | |

SPECIAL CONDITIONS

1. Grantee shall submit a revised budget for the funds awarded within 30 days of receipt of the Notice of Grant Award.

Failure to comply with the above Special Conditions may result in a disallowance of funds, a drawdown restriction or denial of future funding.

SPECIAL TERMS AND REQUIREMENTS

- 1 a) The grantee must submit a written response to the weaknesses noted in the Summary Statement to the Office of Grants Management within 30 days of the receipt of the Notice of Grant Award. The grantee must also submit a copy of its response to the Office of Adolescent Health.

b) The State shall ensure that all program materials medically accurate prior to implementation

c) Not later than 180 days before the Report to the State is due, the State shall identify the specific performance criteria or standards that shall be used to prepare the report and establish the form or format of the report. The State will share the performance criteria and the report format with the appropriate funded entity

d) Grantees are expected to attend and participate in the OAH annual conference and three training and technical assistance workshops per year. Grantees should budget for the Project Director to attend the annual conference and for two staff to attend each of the three training and technical assistance workshops per year

e) Grantees selected to participate in the Federal Multi-site evaluation must enter into a Data Rights Agreement with the Federal government.

f) All grantees must collect and report on a common set of performance measures to assess program implementation and program outcomes. The performance measures will be developed and distributed by the Office of Adolescent Health during the first budget period

g) Grantees must receive written approval from the Office of Adolescent Health on their independent grantee-level evaluation plan. Grantee-level evaluations are expected to be rigorous using either random assignment or a strong quasi-experimental design. Fifty percent of the grantee's evaluation funds will be restricted unless and until a grantee has an approved evaluation plan. Grantees deemed to have high-quality rigorous evaluation plans will be given approval to continue to budget for an independent evaluation.

h) Any grantee selected to participate in the Federal Multi-Site Evaluation will no longer conduct an independent grantee-level evaluation, but will redirect its evaluation funds to support the Federal evaluation. Grantees should allocate approximately 20-25 percent of their budget per year, but not more than a total of \$500,000 per year, to support evaluation activities. The goal of the Federal evaluation is to conduct a rigorous evaluation of teenage pregnancy prevention programs in selected sites. If the local evaluation team proposes a strong evaluation design, demonstrates capacity, and is selected to participate in the Federal evaluation, it will work in close partnership with the Federal evaluator to implement the Federal evaluation at its site. If, however, the local evaluation team cannot assist and/or comply with the implementation of the Federal evaluation design, the OAH Project Officer in consultation with the Federal evaluator and other Federal staff may augment or supplant the local evaluation team to ensure the evaluation is conducted as planned.

- 2 Grantees must obtain prior approval from the Grants Management Officer (GMO) for any change in the Project Director including replacement, absence or reduction in the level of participation. The

NOTICE OF GRANT AWARD (Continuation Sheet)

| | |
|-------------------------------|---------------------------|
| PAGE 3 of 4 | DATE ISSUED 09/20/2010 |
| GRANT NO. 1 TP1AH000072-01-00 | |

GMO must be notified no later than 30 days before the expected date of departure or change in participation level. A resume must be submitted for approval for any replacement.

- 3 Grant funds shall supplement and not supplant funds received from any other Federal, State or local program or any private sources of funds.
- 4 The grantee shall comply with the restrictions on lobbying set out in 45 CFR Part 93. In addition, the grantee shall comply with the restrictions on grantee lobbying in section 503 of the FY 2006 Appropriations Act, as follows
 - a) No part of any appropriation contained in this Act shall be used, other than for normal and recognized executive-legislative relationships, for publicity or propaganda purposes, for the preparation, distribution, or use of any kit, pamphlet, booklet, publication, radio, television, or video presentation designed to support or defeat legislation pending before the Congress or any State legislature, except in presentation to the Congress or any State legislature itself.
 - b) No part of any appropriation contained in this Act shall be used to pay the salary or expenses of any grant or contract recipient, or agent acting for such recipient, related to any activity designed to influence legislation or appropriations pending before the Congress or any State legislature

STANDARD TERMS

1. Requests that require prior approval from the awarding office (See Part II, PHS Grants Policy Statement) must be submitted in writing to the GMO. Only responses signed by the GMO are to be considered valid. Grantees who take action on the basis of responses from other officials do so at their own risk. Such responses will not be considered binding by or upon any OASH Program Office.
2. Responses to reporting requirements, conditions, and requests for postaward amendments must be mailed to the attention and address of the Grants Management Specialist indicated in the "Contacts" section. All correspondence should include the Federal grant number (item 4 on page 1 of this document) and requires the signature of an authorized business official and/or the project director. Failure to follow this guidance will result in a delay in responding to your correspondence.
3. The HHS Appropriations Act requires that, when issuing statements, press releases, requests for proposals, bid solicitations, and other documents describing projects or programs funded in whole or in part with Federal money shall clearly state the percentage and dollar amount of the total costs of the program or project which will be financed with Federal money and the percentage and dollar amount of the total costs of the project or program that will be financed by nongovernmental sources

REPORTING REQUIREMENTS

- 1 a) Grantees must submit a continuation application within 90 days of the end of the budget period (no later than May 31, 2011). This continuation shall include a work plan for the upcoming budget year and a progress report on the previous six-month activities which covers the time period September 1, 2010 thru February 28, 2011. Format and further instructions for submission of the continuation application will be sent out by the Office of Adolescent Health.
- b) Grantees must submit an annual progress report within 90 days after the end of the budget period (no later than November 30, 2011). This progress report shall cover the time period September 1, 2010 thru August 31, 2011. Format and further instructions for submission of the annual report will be sent out by the Office of Adolescent Health. Reports are to be submitted electronically to the assigned Grants Management Specialist in the Office of Grants Management and the Office of

NOTICE OF GRANT AWARD (Continuation Sheet)

| | |
|-------------------------------|---------------------------|
| PAGE 4 of 4 | DATE ISSUED 09/20/2010 |
| GRANT NO. 1 TP1AH000072-01-00 | |

Adolescent Health Project Officer. Please reference the CONTACTS section of the Terms and Conditions for the contact information for these individuals.

2. Grantees must submit a Financial Status Report SF-269/long form (attached) within 90 days after expiration of the budget period. This financial report shall cover the time period September 1, 2010 thru August 31, 2011. Reports are to be submitted electronically to the assigned Grants Management Specialist in the Office of Grants Management. Please reference the CONTACTS section of the Terms and Conditions for the contact information for these individuals.
3. The Single Audit Act Amendments of 1996 (31 U.S.C. 7501-7507) combined the audit requirements for all entities under one Act. An audit is required for all entities which expend \$500,000 or more of Federal funds in each fiscal year. The audits are due within 30 days of receipt from the auditor or within 9 months of the end of the fiscal year, whichever occurs first. The audit report when completed should be submitted online to the Federal Audit Clearinghouse at <http://harvester.census.gov/fac/collect/ddeindex.html>.

CONTACTS

1. PAYMENT PROCEDURES:

Payments for grants awarded by OASH Program Offices are made through the Division of Payment Management (<http://www.psc.gov/>). Applicant organizations are assigned a 12-digit Entity Identification Number for payment and accounting purposes. That number is an expansion of the 9-digit Employer Identification Number assigned to an organization by the Internal Revenue Service. PMS is administered by the Program Support Center (PSC), DHHS

Inquiries regarding payments should be directed to <http://www.dpm.psc.gov> Division of Payment Management, P O. Box 6021, Rockville, MD 20852, 1-877-614-5533.

2. Fraud, Abuse and Waste.

The DHHS Inspector General maintains a toll-free hotline for receiving information concerning fraud, waste, or abuse under grants and cooperative agreements. Such reports are kept confidential and callers may decline to give their names if they choose to remain anonymous. Office of Inspector General, Department of Health and Human Services, Attn: HOTLINE 330 Independence Ave., SW, Room 5140 Cohen Building, Washington, DC 20201 e-mail hups@os.dhhs.gov 1-800-447-8477 (1-800-HHS-TIPS)

3. For assistance on **programmatic** issues please contact: Amy Margolis, Project Officer, at (240) 453-2820, Fax (240) 453-2801, e-mail Allison.ropar@hhs.gov or mail: Office of Adolescent Health, Department of Health and Human Services, Office of the Secretary, Office of the Assistant Secretary for Health, 1101 Wootton Parkway, Suite 700, Rockville, MD 20852.

4. For assistance on **grants administration** issues please contact: Roscoe Brunson, Grants Management Specialist, at (240) 453-8837, Fax (240) 453-8823, e-mail Roscoe.Brunson@hhs.gov or mail: Office of Grants Management, Department of Health and Human Services, Office of the Secretary, Office of the Assistant Secretary for Health, 1101 Wootton Parkway, Suite 550, Rockville, MD 20852.



DEPARTMENT OF HEALTH AND HUMAN SERVICES

Office of the Secretary

September 30, 2010

Assistant Secretary for Health
Office of Public Health and Science
Washington D.C. 20201

Dear Teenage Pregnancy Prevention Grantee:

Congratulations on your recent grant award from the Office of Adolescent Health (OAH) in response to the *Teenage Pregnancy Prevention (TPP): Replication of Evidence-based Programs* Funding Opportunity Announcement. We are pleased to have the opportunity to work with you over the next five years.

The TPP Program is designed to invest resources in replicating evidence-based teen pregnancy prevention programs that have been shown to be effective and to test new approaches to address teen pregnancy prevention so that we can identify additional effective interventions. With this funding, you will be replicating proven, evidence-based programs to prevent teen pregnancy. This is an exciting time and we're looking forward to partnering with you.

As a cooperative agreement, OAH will be substantially involved with your program and will partner with you over the next five years. Your assigned project officer will work closely with you to provide technical assistance and other support.

Soon, you will receive your signed Notice of Grant Award (NGA), the official documentation for your cooperative agreement that includes the terms and conditions, as well as the contact information for your OAH Project Officer and Grants Management Specialist. A copy of your NGA is enclosed; please take the opportunity to carefully review it. Also enclosed is a list of standard programmatic terms and requirements that are in addition to those noted in the NGA. Your Project Officer will be in contact with you very soon to discuss your project and to answer any questions you may have.

Please mark your calendar to participate in an orientation webinar hosted by the Office of Adolescent Health on October 21, 2010 from 3:00PM-5:00PM (ET). Instructions for accessing the webinar will be sent to you prior to the event. In addition, OAH is planning to conduct an annual conference for all TPP grantees within the next six months. At this conference you will have the opportunity to meet other TPP grantees and OAH staff. We will provide you with more information on the annual conference as soon as it is available and look forward to seeing you there.

Again, congratulations and we look forward to working with you on this important project.

Sincerely,

Evelyn M. Kappeler
Acting Director
Office of Adolescent Health

Enclosures

January 10, 2011

Lamar Consolidated ISD
3911 Ave I,
Rosenberg TX, 77471

Dear Ms. Ferrell:

We are pleased to inform you that the University of Texas Health Science Center at Houston (UTHSC) would like to offer to the Lamar Consolidated ISD with a subcontract of up to \$44,800 for the first grant year (September 2010 – August 2011).

This subcontract is intended to facilitate the implementation of the *It's Your Game...Keep it Real* program in Lamar Consolidated ISD middle schools. Disbursement of funds is contingent upon completion of the deliverables outlined below and submission of an approved budget and the District Completion Form.

Description of Work and Products

The following outlines the program deliverables and funds contingent upon completion of the deliverables.

District Level Incentives

Districts partners will receive **\$20,000** based upon the following:

- School Board Approval for implementation of IYG
- Receipt of executed subcontract
- Identification of district level executive leadership to provide IYG Replication Project oversight
- Identification of designated school district staff person who will act as District Coordinator (with requisite time allocated to this function)

School districts will also receive **\$1,200** for each participating school. School participation includes the development and approval of a School Implementation Work Plan.

The School Implementation Work Plan includes:

- Identification of classes for IYG curriculum delivery
- Identification of projected number of students exposed per class

- Identification of school staff who will complete IYG training and have agreed to deliver IYG curriculum

- Agreement to periodic observations and monitoring by IYG Replication Project Staff
- If selected into the evaluation cohort, participate in evaluation related activities

School Level Incentives

Each participating school will receive **\$5,000** based upon the following:

- Completion of staff training and receipt of IYG certification
- Implementation schedule for IYG program delivery in Fall 2011- Spring 2012
- Participation in fidelity and process monitoring

Payment Provisions


Based on the approved budget, UTHSC agrees to pay the Lamar Consolidated ISD up to \$44,800 for this work. Payments will be disbursed upon receipt and approval of the completed program deliverables. Our understanding is that these funds will be spent according to the attached budget. Any changes in this approved budget that exceed 10% of any line item, as well as any changes in key personnel, must be approved in advance by UTHSC.

I hope you find the terms of this grant acceptable. Please indicate this by signing below and returning the complete Letter of Agreement to Donna Lormand via email (Donna.K.Lormand@uth.tmc.edu) or fax (713-500-9602).

Sincerely,



Susan Tortolero
Allan King Professor in Public Health
Director, University of Texas Prevention Research Center


(Name of Authorized District Representative)

3/20/11
Date

Athletic Director/Health/PE
Lamar CISD

University of Texas Health Science Center

PROPOSED BUDGET

DATE: March 29, 2011

School District/System: Lamar Consolidated ISD

Project Title: IYG Replication Project

Total Amount Requested: \$44,800

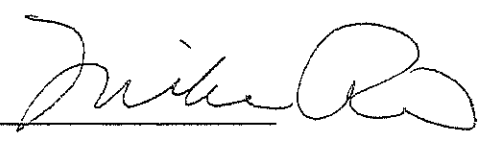
| Cost Category | Item | Budget Amount ⁽¹⁾ |
|--|--------------|------------------------------|
| (A) Personnel ⁽²⁾ | | |
| District Level Staff (Grant Manager) | 1 | \$ 22,000.00 |
| Consultants | 8 | \$ 18,720.00 |
| Subcontract(s) | | |
| <i>(A) Total Personnel</i> | <i>(A)</i> | \$ 40,720.00 |
| (B) Operating Expenses | | |
| Supplies/Office Expenses | | \$ 4,080.00 |
| Travel | | |
| Equipment | | |
| Other Direct Costs | | |
| <i>(B) Total Operating Expenses</i> | <i>(B)</i> | \$ 4,080.00 |
| Total Direct Costs (A+B=C) | (C) | \$ 44,800.00 |
| (F) Other Costs | | |
| Other Costs ⁽³⁾ | | |
| <i>(F) Total Other Costs</i> | <i>(D)</i> | 0 |
| BUDGET TOTAL | (C+D) | \$ 44,800.00 |

- (1) Amount Column contains formulas ready for Items A thru D calculations
- (2) Attach "Detailed Personnel Report"
- (3) List other costs in this spreadsheet

*2010-11
Aug 31st*

Name of District Coordinator


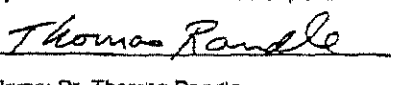
Mike Rice - Athletic Director / Health / PE



Name of Author'd Finan. Personnel

Jill Ludwig - CFO

Grant Mgr. 2010-11 2011-12

| Research Subaward Agreement Amendment No. 1 | |
|--|--|
| Prime Recipient | Subrecipient |
| Institution/Organization ("Prime Recipient") Name: The University of Texas Health Science Center at Houston Address: Office of Sponsored Projects 7000 Fannin, UCT 1006 Houston, TX 77030 PI: Susan Tortolero, Ph. D | Institution/Organization ("Subrecipient") Name: Lamar Consolidated Independent School District Address: 3911 Avenue I, Rosenberg, Texas 77471 PI: Mike Rice |
| Prime Award No. 5TP1AH000072-02 | |
| Subaward No. 0008092L | |
| Effective Date of Amendment September 1, 2011 | |
| Amendment No. 1 | |
| Amendment(s) to Original Terms and Conditions | |
| The purpose of this Amendment is to provide for an additional funding period and add additional funding. | |
| The Subaward Agreement is amended as follows: | |
| <u>Subaward Period of Performance:</u> | |
| Performance of this Subaward is for the new budget period of 9/1/2011 through 8/31/2012, unless extended by written amendment to the Subaward. | |
| <u>Amount Funded this Action:</u> | |
| Funds in the amount of \$38,944.00 are provided for the performance of this work during the new funding period identified above. | |
| All other terms and conditions not mentioned herein remain in full force and effect. Carry forward from previous funding period is not authorized. | |
| By an Authorized Official of Prime Recipient:  Kathryn Bradley, Assistant Director Contracts, Office of Sponsored Projects | By an Authorized Official of Subrecipient:  Name: Dr. Thomas Randle Title: Superintendent Lamar CISD DUNS# 083569764 |

Appendix A
Budget for the funding period of
September 1, 2011 through August 31, 2012

| Expense Category | Amount Authorized |
|-------------------------|--------------------------|
| Personnel Costs | \$17,680.00 |
| Consultant | \$0.00 |
| Equipment | \$18,300.00 |
| Travel | \$1,964.00 |
| Supplies | \$1,000.00 |
| Other Direct Costs | \$0.00 |
| Total Direct Cost | \$38,944.00 |
| F&A Costs | \$0.00 |
| TOTAL COST | \$38,944.00 |

Research Subaward Agreement Amendment No. 3

| Prime Recipient | Subrecipient |
|--|--|
| Institution/Organization ("Prime Recipient") Name: The University of Texas Health Science Center at Houston Address: Office of Sponsored Projects 7000 Fannin, UCT 1006 Houston, TX 77030 PI: Susan Tortolero, Ph. D | Institution/Organization ("Subrecipient") Name: Lamar Consolidated Independent School District Address: 3911 Avenue I, Rosenberg, Texas 77471 PI: Mike Rice |
| | |
| Prime Award No. 5 TP1AH000072-03-00 | Subaward No. 0008092L |
| Effective Date of Amendment September 1, 2012 | Amendment No. 3 |

Amendment(s) to Original Terms and Conditions

The purpose of this Amendment is to provide for an additional funding period, add additional funding, and to add a new addendum to Attachment 2 of the Subaward Agreement.

The Subaward Agreement is amended as follows:

Subaward Period of Performance:

Performance of this Subaward is for the new budget period of 9/1/2012 through 8/31/2013, unless extended by written amendment to the Subaward.

Amount Funded this Action:

Funds in the amount of \$44,800.00 are provided for the performance of this work during the new funding period identified above.

Attachment 2: Adds new terms and conditions.

All other terms and conditions not mentioned herein remain in full force and effect. Carry forward from previous funding period is not authorized.

By an Authorized Official of Prime Recipient:

 Name: Kathryn Bradley
 Title: Assistant Director, Contracts
 Office of Sponsored Projects

 Date

By an Authorized Official of Subrecipient:

 Name:
 Title:

 Date

Appendix A
Budget for the funding period of
September 1, 2012 through August 31, 2013

| Expense Category | Amount Authorized |
|--------------------------|--------------------------|
| Personnel Costs | \$12,000.00 |
| Consultant | \$22,000.00 |
| Equipment | \$6,600.00 |
| Travel | \$2,000.00 |
| Supplies | \$1,900.00 |
| Other Direct Costs | \$300.00 |
| Total Direct Cost | \$44,800.00 |
| F&A Costs | \$0.00 |
| TOTAL COST | \$44,800.00 |

Attachment 2

Attachment 2 (Addendum)
Research Subaward Agreement
Prime Award Terms and Conditions
PHS Funded Projects

PHS Regulations on Financial Conflict of Interest (42 CFR Part 50 Subpart F)

- a) 42 CFR Part 50. 604 requires that institutions conducting PHS-funded research “*Maintain an up-to-date, written, enforced policy on financial conflicts of interest.*” Further, “*If the Institution carries out the PHS-funded research through a subrecipient (e.g., subcontractors or consortium members), the Institution (awardee Institution) must take reasonable steps to ensure that any subrecipient Investigator complies with this subpart by incorporating as part of a written agreement with the subrecipient terms that establish whether the financial conflicts of interest policy of the awardee Institution or that of the subrecipient will apply to the subrecipient’s Investigators.*”
- b) **Subrecipient must designate herein whether the financial conflicts of interest policy of _____ Prime Recipient Institution, or XX Subrecipient Institution (check one) will apply, and, by execution of this Subaward Agreement, Subrecipient Institution certifies that its financial conflict of interest policy complies with 42 CFR Part 50.**
- c) Subrecipient shall report any financial conflict of interest to Prime Recipient’s Administrative Representative, as designated on Attachment 3A. Any financial conflicts of interest identified shall subsequently be reported to PHS. **Such report shall be made before expenditure of funds authorized in this Subrecipient Agreement and within 45 days of any subsequently identified financial conflict of interest.**



It's Your Game – Keep It Real
Year 3 - 2012 – 2013
LCISD Grant Coordinator – Carol Gaas
cagaas99@swbell.net

- ✓ A sexual health curriculum
- ✓ Evidence-based – delays sexual initiation
- ✓ Comprehensive – Abstinence plus pregnancy and STI prevention

Year 2



7th Grade only –
Spring 2012

Year 3



7th-Spring 2013
8th-Fall 2012

Year 4



7th Grade
8th Grade

Year 5



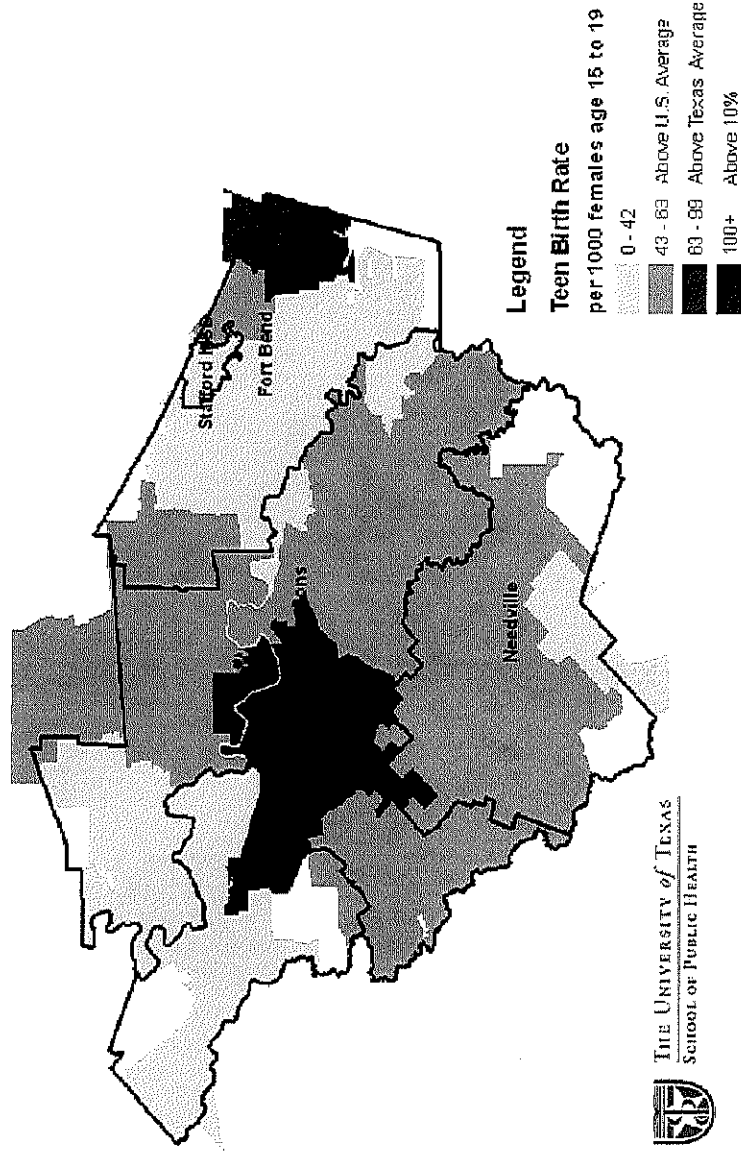
7th Grade
8th Grade

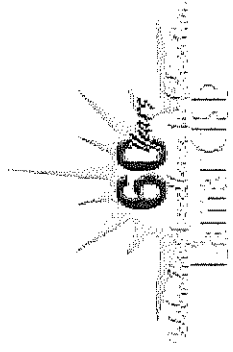
Teens and Their World

About 1 in 10--6th grade students have had sex

By 12th grade--7 in 10 students have had sex

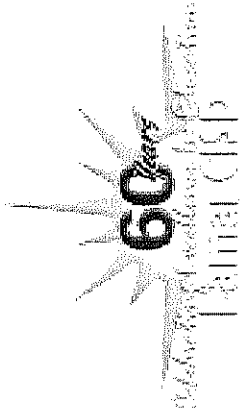
Fort Bend County Teen Birth Rates by School District, 2008





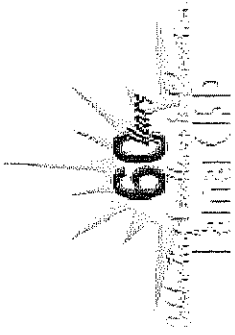
Teens & Their World Pregnancy & Education

- Teen Mothers and Education
 - ✓ More likely to drop out of school
 - ✓ Less likely to attend college
- Teen Fathers and Education
 - ✓ More likely to drop out of school
- Children of Teen Parents and Education
 - ✓ Score lower in math and reading into adolescence
 - ✓ More likely to drop out of school



It's Your Game – Keep It Real

- Emphasizes **abstinence** while teaching students how to **protect** themselves from pregnancy and STDs
 - ✓ Emphasizes **goal-setting**
 - ✓ Teaches about **healthy relationships**
 - ✓ Teaches **delaying tactics** and builds **refusal skills**
 - ✓ Includes **group discussions**
 - ✓ Includes personalized **computer activities**
 - ✓ Involves parents through **parent-child homework activities**
- Meets **many** of the Texas Essential Knowledge and Skill Objectives



It's Your Game – Keep It Real

www.itsyourgame.org

Access Code b 3 4

It's Your Game - Windows Internet Explorer

http://apps.sch.uk/bmc-educ/itsyourgame/

IT'S YOUR GAME

What type of user are you?

CLICK A BUTTON BELOW TO SELECT

- Student
- Teacher
- Administration
- Social/Health Services
- Parent
- Other

Done 2:43 PM 7/25/2011

Lamar CISD Lamar CISD Lamar CISD Lamar CISD Lamar CISD Lamar CISD Lamar CISD
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Regular Board Meeting

Lamar Consolidated Independent School District
Board of Trustees
Tuesday, April 19, 2011
7:00 PM

Sam Hopkins, President • Jack Christiana, Vice President • Michael Richard, Secretary
Richard McCarter • Karen Mendoza • Julie Thompson • Jesse Torres

Minutes of the Regular Board Meeting of March 24, 2011 – page 44

9. C-19 **Approval of Traffic Study for the New Elementary School #22**

approved Traffic Engineers, Inc. for the traffic engineering study for the construction of the new elementary school #22, not to exceed \$9,500.

9. D **GOAL: SAFE, DRUG-FREE AND DISCIPLINE SCHOOLS**

9. D-1 **Approval of the Lamar CISD Student Code of Conduct and Secondary Dress Code for the 2011—2012 School Year**

This item was pulled from the agenda and will be placed on the agenda next month.

9. A **GOAL: INSTRUCTIONAL**

9. A-3 **Approval to Implement the “It’s Your Game...Keep It Real” Grant from University of Texas Health Science Center at Houston**

It was moved by Mr. Richard that the Board of Trustees table this item. The motion failed due to lack of a second.

It was moved by Mr. McCarter and seconded by Ms. Thompson that the Board of Trustees approve the implementation of the “It’s Your Game...Keep It Real” Grant from the University of Texas Health Science Center at Houston. The motion carried unanimously.

RECESS

The Board recessed briefly.

INFORMATION ITEMS

10. B **GOAL: PLANNING**

10. B-2 **Demographic Update**

Dr. Pat Guseman, consultant with Population and Survey Analysts (PASA), presented a demographic update and long-range plan for this year.

RECESS

The Board recessed briefly.

10. A **GOAL: INSTRUCTIONAL**

10. A-1 **Quarterly Academic Update**

Instructional staff provided information on the new state testing program (STAAR), ST Math, and reclassification of tenth grade students to the eleventh grade.